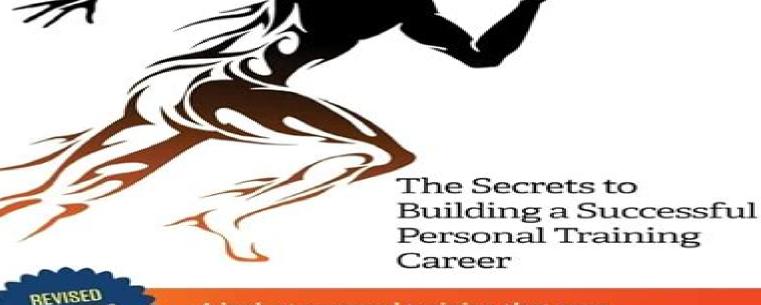
JONATHAN GOODMAN

FOREWORD BY LOU SCHULER, AUTHOR OF THE NEW RULES OF LIFTING SERIES





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Ignite The Fire The Secrets To Building A Successful Personal Training Career Revised Updated And Expanded

Greg Marshall

Ignite The Fire The Secrets To Building A Successful Personal Training Career Revised Updated And Expanded:

Ignite the Fire Jonathan Goodman (CSCS.), 2012-04-03 Personal Trainers are now expected to be salespeople psychologists nutritionists post rehabilitation specialists and motivational speakers You can have all the training expertise in the world but you must also be able to inspire passion in your clients and develop relationships with the people you serve Have you ever struggled to get clients Have you ever desperately tried to retain your clients only to have them drop off Have you ever searched endlessly for the right gym to work at to no avail Have you ever been frustrated by the state of the fitness industry and didn t know what to do Have you ever thought that there must be more to personal training You re not alone For years Jon's been asked these questions so he read watched researched and interviewed the best in the world to compile Ignite the Fire This powerful book will show you how to Find your dream personal training job Sell any client Build beginner workouts Market yourself Deal with difficult client types Make passive income Grow yourself your career and your bank account Ignite the Fire is a highly practical approach to personal training It provides a clear road map to building your career from the bottom up so you can build a clientele your reputation and income Popular Mechanics, 2000-01 Popular Mechanics inspires instructs and influences readers to help them master the modern world Whether it's practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle Bulletin of the Atomic Scientists ,1970-06 The Bulletin of the Atomic Scientists is the premier public resource on scientific and technological developments that impact global security Founded by Manhattan Project Scientists the Bulletin's iconic Doomsday Clock stimulates solutions for a safer world **Trainer Pocketbook** Jonathan Goodman, 2015-01-28 From the author of the highly acclaimed Ignite the Fire The Secrets to Building a Successful Personal Training Career comes a handy reference guide that answers all of your questions about personal training Amazon com **Ignite The Fire** Sumiko Tosi,2021-05-07 A personal trainer creates one on one fitness programs for their clients motivating and guiding them to achieve their goals Clients may wish to lose weight or gain muscle and as a personal trainer you ll teach and help them to exercise properly using workouts and specific plans HAVE YOU EVER wanted to know the best high integrity techniques to get more clients run a fitness business or have a solid system for selling personal training You re not alone For years Jon's been asked these questions so he read watched researched and interviewed the best in the world to compile Ignite the Fire This powerful book for certified personal trainers will show you how to Find your dream job in the fitness industry pg 26 Find market to and sell your ideal client while seamlessly dealing with objections pg 64 Build amazing workouts for beginners pg 124 Deal with difficult client types pg 160 Develop multiple income streams while maintaining your reputation pg 202 Unstoppable Jared Garcia, 2018-11-22 If you re ready to build a successful personal training business read this book now Forget the old concept of just being a personal trainer exhausting your energy and time while not achieving your dreams reframe your mindset and learn how to create business success

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training career build long lasting friendships increase your salary and gain abundance in every area of your life With this book the reader will learn how to cultivate their hidden power discipline the mind and enhance the spirit that helps fulfill their major purpose in life assisting others in becoming healthier and growing stronger The Consummate Fitness **Professional** Dale L. Roberts, 2015-05-18 The Secrets to Building a Successful Career in the Personal Training Business Are you thinking about starting a career in the health and fitness industry Would you like to learn the best steps to becoming a successful fitness professional Isn t it frustrating to get a college degree or personal training certification only to find you weren t given practical advice on how to run your fitness business Then The Consummate Fitness Professional is simply the ONLY manual or guide you need Branding Marketing and Advertising Yourself for Little to No Money Where to Get Your Education College Degree or Certification Programs Why Liability Insurance May Save Your Job Your Money Step by step Plan for Building Your Business the Easy Way Setting Your Best Price Point Still Getting Clients Handling Price Cost Objections with Professionalism Which Works Best Personal Training or Group Training Building Your Clientele Fast and Simple Client Retention Strategies Getting Advance Payment Advertising Marketing Your Business for Little to No Money Building Leads to Create a Full Waiting List Asking for Referrals Testimonials and Not Feeling Like a Schmuck The Do s Don ts of a Job in Exercise and Fitness Create a strong and dynamic career as a personal trainer fitness professional Download this book TODAY and Find out how to get started right away Scroll up and click the BUY button to download your copy NOW

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