

Screening Questionnaire: Restless Legs Syndrome (Parent Version)

Child's Name: _____

Person filling out form: _____

1. Does your child have "growing pains"? (Check One)

_____ never _____ occasionally _____ sometimes _____ frequently
(less than 1x/month) (1-2x/month) (1-2x/wk to daily)

2. Does your child complain of uncomfortable or funny feelings (crawping, crawling, tingling) in his/her legs? (Check One)

_____ never _____ occasionally _____ sometimes _____ frequently
(less than 1x/month) (1-2x/month) (1-2x/wk to daily)

	YES	NO	DON'T KNOW
3. Does your child:			
A. Notice funny feelings in his/her legs (or do they seem worse) when lying down or sitting?	_____	_____	_____
B. Have partial relief with movement (wiggling feet, toes, or walking)?	_____	_____	_____
C. Complain that the feelings are worse at night?	_____	_____	_____
D. Have a lot of fidgeting or wriggling of the feet or toes when sitting or lying down?	_____	_____	_____
E. Have repeated jerking movements in arms or legs or the whole body while sleeping?	_____	_____	_____

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From: Mindell JA, et. Owen JA. (2000). *A Clinical Guide to Pediatric Sleep: Diagnosis and Management of Sleep Problems*. Philadelphia: Lippincott Williams & Wilkins.

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Screening Questionnaire Restless Legs Syndrome

Cristina Frange



Screening Questionnaire Restless Legs Syndrome:

Restless Legs Syndrome: New Insights for the Healthcare Professional: 2011 Edition, 2012-01-09 Restless Legs Syndrome New Insights for the Healthcare Professional 2011 Edition is a ScholarlyPaper that delivers timely authoritative and intensively focused information about Restless Legs Syndrome in a compact format The editors have built Restless Legs Syndrome New Insights for the Healthcare Professional 2011 Edition on the vast information databases of ScholarlyNews You can expect the information about Restless Legs Syndrome in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Restless Legs Syndrome New Insights for the Healthcare Professional 2011 Edition has been produced by the world s leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at <http://www.ScholarlyEditions.com>

Childhood Restless Leg Syndrome and Periodic Limb Movement Disorder, An Issue of Sleep Medicine Clinics Suresh Kotagal, 2025-05-19 In this issue of Sleep Medicine Clinics guest editor Dr Suresh Kotagal brings his considerable expertise to the topic of the Pediatric Sleep related Movement Disorders Top experts discuss various aspects of pediatric restless legs syndrome RLS restless sleep disorder proteomics in RLS PLMD genome side association studies in pediatric RLS and more Contains 11 relevant practice oriented topics including clinical features of childhood RLS mimics of childhood RLS non psychiatric comorbidities of pediatric RLS psychiatric comorbidities in pediatric RLS iron metabolism in RLS and more Provides in depth clinical reviews on pediatric sleep related movement disorders offering actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

Advances in Childhood Sleep Assessment: Tools for Specific Populations Catherine Mary Hill, Carmen M. Schroder, Karen Spruyt, 2021-04-13 *Restless Legs Syndrome/Willis Ekbom Disease* Mauro Manconi, Diego García-Borreguero, 2017-05-07

Due to the fact that Restless Legs Syndrome Willis Ekbom Disease is usually a chronic condition this book aims to provide physicians with the necessary tools for the long term management of patients with RLS The first part of the book addresses the various comorbidities and long term consequences of RLS on life quality sleep cognitive psychiatric and cardiovascular systems while the second part focuses on the management of long term treatment and the drug induced complications in primary RLS and in special populations Written by experts in the field this practical resource offers a high quality long term management of RLS for neurologists sleep clinicians pulmonologists and other healthcare professionals [Restless Legs Syndrome and Movement Disorders, An Issue of Sleep Medicine Clinics](#) Denise Sharon, 2015-09-17 Dr Denise Sharon has put together an expert panel of authors on the topic of Restless Legs Syndrome and Movement Disorders The comprehensive list

of articles includes Restless Legs Syndrome across the Globe Neuroimaging in Restless Legs Syndrome What s in the family of the RLS WED patient Clinical Diagnosis and Diagnostic Criteria Non pharmacological management myths vs science Sleep Bruxism Leg Cramps Hypnic Jerks and more **The Oxford Handbook of Sleep and Sleep Disorders** Colin A.

Espie,Phyllis C. Zee,Charles M. Morin,2025-05-27 Sleep is one of life s fundamental requirements and like oxygen water and food we simply cannot live without it Sleep is essential for tissue repair metabolism growth infection control and for learning memory and emotional regulation Moreover these critical functions of sleep remain true across the lifespan In many ways sleep is nature s medicine it is what nature has provided to deliver daytime functioning and to maintain health and wellbeing The Oxford Handbook of Sleep and Sleep Disorders has been carefully collated by its internationally renowned editors to provide a comprehensive and up to date guide to our understanding of sleep and circadian processes and of the clinical disorders of sleep and sleep wake regulation The handbook therefore covers what sleep is and why it matters but also explains the disorders of sleep and how they can be assessed differentiated and treated Comprising 46 chapters each written by leading experts in their field the handbook is organized around four sections 1 the fundamentals of sleep and circadian processes 2 the roles and functions of sleep 3 societal factors influencing sleep and 4 disorders of sleep and circadian function This final section is further subdivided into several components including epidemiology classification and assessment management and treatment and lifespan issues and special populations Taken together the handbook offers clinicians and scientists the most contemporary and authoritative single resource for clinical practice and for research in the developing fields of sleep science and sleep medicine Sleep and Psychiatric Disorders in Children and Adolescents Anna Ivanenko,2008-05-19 The first book to offer an in depth study of the relationship between sleep disorders and common psychiatric disorders in children this new addition to Informa s Sleep Disorders series covers sleep and attention deficit hyperactivity disorder autism anxiety and depressionsleep disorders and obesity including diabetes and metabolic syndrome

Gerontological Nursing Competencies for Care Kristen L. Mauk,2017-04-14 Gerontological Nursing Competencies for Care Fourth Edition focuses on caring for the elderly by employing a holistic and interdisciplinary approach The text follows the framework of the core competencies for baccalaureate nursing education published by the American Association of Colleges of Nursing AACN and the John A Hartford Foundation Institute for Geriatric Nursing This framework is structured to ensure nursing students attain the recommended knowledge to achieve the competencies necessary to provide excellent care to older adults Back cover

Restless Legs Syndrome William G. Ondo,2016-04-19 The most authoritative and comprehensive guide on RLS to date this expertly written source examines the pathogenesis diagnosis and treatment of a condition affecting nearly 10% of the population Ranging from basic science to therapeutics Restless Legs Syndrome analyzes the many new and emerging medications impacting the management of this diso **Navigating Life with**

Restless Legs Syndrome Andrew R. Spector,2024 Navigating Life with Restless Legs Syndrome provides an overview and

evidence based guidance on a condition that afflicts millions of people around the world and their partners Real patient scenarios and tips for caregivers and loved ones of people battling restless legs syndrome are interspersed throughout This book serves as a comprehensive yet approachable reference on a complex condition that disrupts life interrupts sleep and leads to severe health problems for many

100 Questions & Answers About Restless Legs Syndrome Sudhansu Chokroverty,2010-10-06 Whether you are a newly diagnosed patient or a loved one of someone with Restless Legs Syndrome RLS this book offers essential information and comfort 100 Questions Answers About Restless Legs Syndrome provides authoritative practical answers to the most common questions asked by patients This easy to read book is a complete guide to understanding symptoms diagnosis treatment post treatment quality of life and much more Including actual commentary from patients 100 Questions Answers About Restless Legs Syndrome is an invaluable resource for anyone coping with the physical and emotional turmoil caused by this condition 2012 178 pages

Clinical Sleep Medicine Emmanuel H. During, M.D.,Clete A. Kushida, M.D., Ph.D.,2020-07-29 The importance of sleep for well being and general and mental health is increasingly being recognized Sleep complaints are commonly associated with mental disorders and are even part of the diagnostic criteria for some of them such as mood and anxiety disorders and PTSD The relationship between sleep and psychiatric disorders is intertwined and in some cases bidirectional Anxiety psychosis and depression often result in reduced sleep quality sleep fragmentation experience of unpleasant unrefreshing sleep quantity increased or reduced or pattern changes in sleep schedule loss of sleep consistency Reciprocally sleep disorders can contribute to the exacerbation of psychiatric symptoms and independently affect the prognosis Finally most psychotropic drugs have an effect on sleep and arousal and can aggravate a preexisting sleep abnormality This book aims to familiarize readers with current knowledge on the mutual effects of sleep and mental health and provide an integrated framework for students clinicians and researchers Throughout its 18 chapters it discusses the six main categories of sleep disorders insomnia Chapters 3 5 hypersomnia Chapters 6 7 sleep disordered breathing Chapters 8 11 circadian disorders Chapters 12 13 parasomnias Chapters 14 16 and sleep related movement disorders Chapters 17 18

Year Book of Neurology and Neurosurgery Alejandro A. Rabinstein,Maj Paul Klimo Jr.,2011-10-01 Year Book of Neurology and Neurosurgery

A Clinical Guide to Pediatric Sleep Jodi A. Mindell,Judith A. Owens,2010 Written for busy primary care practitioners this book is a practical clinical guide to common pediatric sleep disorders and their treatment Information is organized by specific disorder and by the most frequent presenting complaints Symptom based algorithms will enable practitioners to evaluate sleep complaints in a stepwise manner Other features include symptom checklists for specific disorders and chapters on sleep problems in special populations Appendices provide practical tools for screening for sleep problems evaluating sleep studies and counseling families This edition includes updated ICSD 2 and ICD 10 diagnostic criteria and new and revised American Academy of Sleep Medicine Standards of Practice guidelines Other highlights include new chapters on sleep hygiene and sleep enuresis

updated and expanded chapters on all sleep disorders and up to date information on sleep medications and sleep in special populations A companion Website will offer parent handouts for each age group and each sleep disorder as well as screening questionnaires and sleep diaries Sleep Deprived No More Jodi A. Mindell,2007-11-23 Dr Jodi Mindell gives you the lowdown on solving sleep problems and staying alert throughout your pregnancy and the first six months after your baby arrives **Pediatric Sleep Clinics, An Issue of Sleep Medicine Clinics, E-Book** Haviva Veler,2023-05-02 In this issue of Sleep Medicine Clinics guest editor Dr Haviva Veler brings her considerable expertise to the topic of Pediatric Sleep Clinics Sleep disorders in children span the gamut from behavioral issues to medical disorders In this issue top experts cover a wide variety of topics in the field including measuring pediatric sleep health circadian rhythm disorders narcolepsy and idiopathy hypersomnia and much more Contains 17 practice oriented topics including what s new in pediatric OSA sleep and inflammation pediatric sleep pharmacology sleep during the pandemic sleep technology sleep and mental health the PHAT study update and more Provides in depth clinical reviews on pediatric sleep offering actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

Clinical Cases in Sleep Physical Therapy Cristina Frange,2023-11-15 Sleep diseases and cases are both very common such as sleep respiratory disturbances and rare such as narcolepsy with increasing and alarming prevalence worldwide As diagnosis is always performed by physicians physiotherapists often receive the patients referred by other health practitioners This engaging book focuses on a compilation of case reports and clinical scenarios collected over the years It intends to show the practical management of different cases in treating sleep disorders by physiotherapists The reader will have a chance to understand how in clinical practice physiotherapists from different countries treat sleep issues either in conjunction or not with other health professions Written by worldwide experts the 30 instructive chapters present the practice of sleep and physical therapy around the globe as well as the integration of sleep as a imperative topic in health promotion and well being They also intend to describe the anamnesis the clinical history rationale and process for the physiotherapeutic treatment patient centered and with an interdisciplinary approach The reader will be able to tie up loose ends of the clinical picture and to connect with the theoretical knowledge understanding the evidence based practice in each of the clinical case thus having the insight to start thinking as a sleep physiotherapist As the contemporary world is always changing so is physical therapy on behalf of health in these lightning times *A Clinical Guide to Pediatric Sleep* Jodi A. Mindell,Judith A. Owens,2015-05-04 Sleep disorders have a significant impact on a child s physical emotional cognitive and social development and greatly affect the family as well Fortunately today s health care providers have highly effective medical and behavioral interventions at their disposal for treatment and prevention A Clinical Guide to Pediatric Sleep Diagnosis and Management of Sleep Problems 3rd Edition synthesizes current information on the assessment and treatment of sleep disorders in children and adolescents

and gives you the practical tools you need to recognize evaluate and treat sleep issues This state of the art resource provides comprehensive user friendly guidance on pediatric sleep that will help you improve the lives of your patients and their families Stay up to date with current information on the etiology clinical assessment tools and management of specific sleep disorders in children and adolescents Quickly find the information you need thanks to logically organized chapters that cover sleep physiology developmental aspects of sleep sleep diagnostic tools the most common pediatric sleep disorders pharmacology including stimulants such as caffeine and special populations Use handy algorithms to evaluate common presenting symptoms and develop an effective treatment plan Educate parents and caregivers about normal sleep and offer primary and secondary prevention strategies to be used at home Keep your practice up to date with new diagnostic criteria revised and new practice guidelines from the American Academy of Sleep Medicine and the American Academy of Pediatrics and updated and new clinical screening and parent handouts for each age group Access an extensive collection of appendices online including professional resources and expanded list of intake and screening questionnaires and parent education handouts for each age group and each sleep disorder

Sleep Medicine in Neurology Douglas Kirsch, 2013-10-10 Recognize understand and manage sleep dysfunction in your patients Sleep disorders can cause neurological problems Neurological problems can cause sleep disorders Whatever the cause or effect neurologists need to be well versed in sleep medicine This enables effective discussion of sleep problems and improved patient outcomes and satisfaction Sleep Medicine in Neurology introduces the practicing neurologist to sleep medicine from examination of the patient to treatment of many sleep disorders With a focused practical approach throughout the expert author team covers History examination and sleep testing of the patient Insomnia Excessive daytime sleepiness Narcolepsy Obstructive and central sleep apnea Movement disorders in sleep Parasomnias Sleep disorders in children Clinical in approach practical in execution Sleep Medicine in Neurology helps you diagnose and treat your sleep disordered patients more effectively

Advanced Practice Psychiatric Nursing Joyce J. Fitzpatrick, 2012-08-21 Named a 2013 Doody's Core Title There are few new books to direct PMH APRN treatment options Now this book provides the path to integration of treatment options for the holistic care of psychiatric client by PMH APRNs Doody's Medical Reviews This text is a wonderful compilation of information that is needed within current advanced practice psychiatric mental health nursing The chapters are informative have excellent references and provide up to the minute information that is grounded in evidence based practices Barbara Jones Warren PhD RN CNS BC PMH FAAN Professor Clinical Nursing Director Psychiatric Nursing Specialty National Institutes of Health American Nurses Association Ethnic Racial Minority Fellow The Ohio State College of Nursing This groundbreaking core text fills a void in nursing literature by integrating psychotherapy psychopharmacology and complementary and alternative medicine CAM approaches into advanced practice nursing It is organized around psychiatric syndromes rather than DSM diagnoses so it will remain current even after the publication of the DSM 5 The book provides clear and relevant treatment options in the form of decision trees

with additional explanatory narratives These decision trees enable practitioners to distinguish normal patients from those who require more customized therapeutic interventions This holistic text integrates neurobiology theory and research evidence related to psychotherapy psychopharmacology and complementary and alternative medicine interventions While providing comprehensive information on theory and practice it simplifies complex aspects of treatment with clarity and provides the depth of content appropriate to support sound clinical reasoning required in advanced practice The book responds to the current backlash against overmedication in psychiatry It also fulfills the upcoming requirements by APNA and ISPN that advanced practice psychiatric nurses must have skills in psychotherapy Additionally the text focuses on treatment issues across the life span and highlights pertinent clinical differences from the adult population through pediatric pointers and aging alerts Advanced Practice Psychiatric Nursing reflects the extensive practice and educational experience of editors and contributors from the United States Canada and Scotland all of whom are expert APNs Key Features

- Organized around psychiatric syndromes rather than DSM diagnoses so it will remain relevant after the DSM 5 is published
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