

Dr. Lair Ribeiro

Emagreça Comendo

Ação sem Medicação

*A Neurolinguística Aplicada à
Harmonia Corporal*

12ª EDIÇÃO

EDITORAL  OBJETIVA



Livro Emagre A Comendo De Dr Lair Ribeiro

Lair Ribeiro



Livro Emagre A Comendo De Dr Lair Ribeiro:

RN-econômico ,1994 **Vida Longa** Dr. João Vaz Da Silva Junior,2014-01-22 Sempre fui adepto aos tratamentos naturais mas quando falamos deste tipo de tratamento logo pensamos que isso ultrapassado e que a ciência pode nos ajudar a encontrar a luz no final do túnel Assim como a ciência evoluiu os tratamentos naturais também hoje existem centenas de universidades e institutos pesquisando com alta tecnologia frutas verduras leguminosas castanhas e uma imensidão de plantas fabulosas com seus potentes e naturais princípios ativos antioxidantes vitaminas e minerais São pesquisadores apaixonados pela vida e dão a vida pelo ser humano A ciência tem evoluído muito rapidamente mas junto com ela foram atropelados os bons costumes o profissionalismo e a ética Muito daquilo que acreditávamos ser a solução hoje vimos com tristeza os estragos e a assolada Doenças que tinham desaparecido estão resurgindo e as tais doenças reemergentes como a tuberculose a hanseníase lepra leishmaniose febre amarela cólera dengue difteria supergripe e outras Um dia assistindo a TV vi com tristeza um médico famoso dizer que a planta graviola não serve para nada e que era só balela Fiquei triste principalmente pela admiração que nutria por este profissional que parece estar direcionado por outros interesses comerciais e não pelo amor à pesquisa Engano dele existem sim algumas dezenas de pesquisas científicas realizadas com as folhas da graviola e com os frutos também comprovando sua eficácia em várias linhas da saúde Se a algum tempo os pesquisadores da linha natural dissessem que fazer o chá da planta cinchona para malária era mais eficiente que usar o princípio ativo isolado quinina seriam chamados de loucos claro que os fabricantes do medicamento ganharam rios de dinheiro Hoje existem pesquisas científicas comprovando que o chá da planta mais eficiente que o próprio medicamento Enfim ser natural não é viver no mato andar descalço não ter vaidades e se desprover do mundo Ser natural tentar melhorar o mundo a partir de nós mesmos com uma mudança de hábitos saudáveis praticar exercícios tomar sol ter uma alimentação equilibrada voltar a gostar de beber água enfim uma retomada à vida com saúde e responsabilidade **Veja** ,1993 **Exame** ,1993 **Emagreça comendo** Lair Ribeiro,1993 **Emagreça Comendo!** Lucyana Mutarelli,2013-04-16 Um excelente livro para quem quer emagrecer sem abrir mão do prazer que comer bem Contém uma técnica muito funcional além de ilustrações que ajudam o demais quem necessita eliminar peso Com a proposta do livro possível emagrecer sem qualquer restrição alimentar ou dietas Basta seguir todas as recomendações que são simples e eficazes E você poder comer abundantemente tudo o que gosta Experimente

Emagreça Comendo Iapichini Luis,2023-07-14 Neste livro compartilho minhas percepções desta nova prática alimentar desenvolvida em minhas pesquisas e vivências em busca de uma nova percepção com

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web with its superior quality components nsi crafts approximately 120 million shotshells per year which are sold all over the world and distributes approximately 300 tons of powders

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