

Health Psychology



TAYLOR SIROIS MOLNAR

Shelley E. Taylor, Annette L. Stanton

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Taylor,2012 Handbook of Health Psychology Andrew Baum, Tracey A. Revenson, Jerome Singer, 2012-04-27 Considered the most comprehensive handbook in the field this rich resource reviews the biological psychological and social factors that affect health health behavior and illness Many chapters review the latest theories and research while others illustrate how research is translated into clinical and community interventions to improve physical health and emotional well being Chapters examine health behavior processes within the social contexts in which we live including family social and cultural communities The handbook cuts across concepts behavior change populations women s health risk and protective factors obesity and diseases making it appropriate for a variety of readers from various fields Featuring contributions from the top researchers and rising stars in the field each author provides a theoretical foundation evaluates the empirical evidence and makes suggestions for future research clinical practice and or policy Novices to the field appreciate the accessibly written chapters while seasoned professionals appreciate the book s deep cutting edge coverage Significantly updated throughout the new edition reflects the latest approaches to health psychology today greater emphasis on translating research into practice and policy more on the socio cultural aspects of health including socioeconomic status gender race ethnicity sexual orientation and aging two new sections on risk and protective factors for disease and another on social and structural influences that affect health more on prevention interventions and treatment in the applications section an expansion of the bio psycho social model across several levels of analysis including cultural macro social and cellular factors The book opens with the field's central theories emphasizing the interaction of biological and social systems Part II reviews the mechanisms that help explain the link between health and behavior across diseases and populations The all new Part III focuses on variables that lead to the onset of major diseases or that are instrumental in promoting health Part IV also new to the second edition highlights social and structural influences on health The book concludes with applications of research to specific illnesses and medical conditions The Handbook serves as a text in graduate or upper level undergraduate courses in health psychology taught in psychology public health medical sociology medicine nursing and other social and allied health sciences Its cutting edge comprehensive coverage also appeals to researchers and practitioners in these fields Handbook of Psychology and Health, Volume IV Shelley E. Taylor, Jerome E. Singer, Andrew Baum, 2020-09-10 Originally published in 1984 the study of psychological aspects of health was a rapidly expanding enterprise Most of the contributors to this volume were trained as social psychologists or by social psychologists Some have been more applied in their focus or on the edge of several fields All however share a common approach focusing on the individual as he or she is buffeted about by social forces and copes with these forces All consider situational and psychological factors in the determination of behavior emotion or cognition and all apply their expertise to the study of health related issues The grouping of the chapters in this volume by the authors subspecialty social psychology is a somewhat unconventional method of clustering Ordinarily the materials presented here would be published in journals or texts concerned with behavior or psychosocial in health and medicine or in specialty

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