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AFAA Test Review for the
Aerobics and Fitness Association of
America Certified Personal Fitness
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Katie Donnelly, Personal Trainers



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strategies is essential to preparing you for what you will expect on the exam A test taker has to not only understand the material that is being covered on the test but also must be familiar with the strategies that are necessary to properly utilize the time provided and get through the test without making any avoidable errors Anyone planning to take the ACE Personal Trainer Certification Exam should take advantage of the review material practice test questions and test taking strategies contained in this study guide

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Personal Trainer Practice Test Joe Cannon,2012

AFAA Primary Certification Study Guide Aerobics and Fitness Association of America,1994

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