



Amalan Dan Penggunaan Herba Dalam Perubatan Tradisional

**Samihah Khalil @ Halim, Siti Alida John
Abdullah, Rusniah Ahmad**

Amalan Dan Penggunaan Herba Dalam Perubatan Tradisional:

Perubatan Tradisional: Aplikasi Semasa (Penerbit USM) Darlina Md. Naim, Zuraidah Mohd Yusoff, Saad Othman, 2017 Kesemua makalah yang dimuatkan dalam buku ini mempunyai keistimewaannya tersendiri serta mempunyai hubungan yang sangat rapat antara satu sama lain Kaedah perubatan tradisional yang dilakukan secara turun temurun oleh sesuatu masyarakat biasanya menggunakan sumber alam semula jadi sebagai bahan pengubatan seperti tumbuh-tumbuhan dan haiwan Oleh sebab sumber tersebut merupakan anugerah alam maka terdapat beberapa persamaan daripada segi bahan dan kaedah pengubatan yang dipraktikkan oleh masyarakat berbilang bangsa di Malaysia Perbezaan kaedah pengubatan dan bahan-bahan yang digunakan oleh setiap masyarakat yang berlainan akan menjadikan kaedah tersebut unik untuk mereka Oleh itu apa-apa jua kaedah atau cara perawatan tradisional yang diamalkan perlu dipelihara kerana selain menjadi wadah penyembuhan penyakit amalan tersebut juga akan menjadi sinonim dengan sesuatu bangsa ataupun masyarakat

Pencegahan dan Rawatan Menggunakan Perubatan Herba: Kepentingan Bukti Saintifik (Penerbit USM) Nik Soriani Yaacob, 2020-02-05 Penggunaan sumber alam untuk perubatan telah lama dipraktikkan dengan rekod terawal tercatat lebih kurang 5 000 tahun yang lalu di negara China Penggunaan perubatan herba semakin meningkat disebabkan antaranya oleh kesan sampingan atau kurang keberkesanan sesetengah drug kemoterapi peningkatan kos perubatan konvensional serta potensi farmakologi bahan herba contohnya sebagai agen anti kanser Namun bahan herba juga boleh menyebabkan kesan sampingan yang berbahaya walaupun telah digunakan berkurun lamanya Spesis Ephedra contohnya dijadikan bahan rawatan untuk penurunan berat badan dan telah menyebabkan pelbagai kesan sampingan termasuk hipertensi strok dan serangan jantung US Food and Drug Administration telah menghalang penggunaan herba ini Spesis Aristolochia pula mempunyai kesan toksisiti seperti penyakit ginjal kronik dan kanser saluran kencing serta telah diklasifikasikan sebagai Karsinogen Kumpulan 1 oleh International Agency for Research on Cancer Justeru kebarangkalian interaksi bahan herba dengan drug konvensional juga perlu dikaji kerana mungkin boleh merencatkan keberkesanan drug atau merangsang kesan sampingan Kajian saintifik yang terperinci telah mendapati perubatan herba berupaya memberi impak secara global terutama di negara-negara membangun Salah satu tumbuhan herba yang berpotensi sebagai agen anti kanser ialah *Strobilanthes crispus* pecah beling atau pecah kaca Satu sub fraksi daripada ekstrak daunnya SCS boleh membunuh sel kanser payudara secara apoptosis setanding dengan drug anti kanser dan tamoxifen Tam pada dos tinggi serta berpotensi meminimumkan kesan sampingan Tam dengan meningkatkan kesan Tam pada dos yang lebih rendah Keadaan ini melibatkan modulasi pelbagai molekul isyarat dalam laluan apoptosis secara intrinsik dan ekstrinsik Kajian menggunakan haiwan makmal menunjukkan rawatan SCS serta bahan aktifnya lutein atau sitosterol berupaya merencatkan pertumbuhan tumor mamari tanpa kesan negatif terhadap profil hematologi dan fungsi organ utama yang lain Mekanisme tindakan terhadap tumor mamari ini adalah pelbagai termasuk penurunan ekspresi protein pendorong kitaran sel tumor

serta protein anti apoptosis manakala protein yang mengaruh apoptosis ditingkatkan SCS juga dapat meningkatkan keupayaan sistem imun untuk bertindak terhadap tumor mamari dengan memodulasi ekspresi pelbagai protein berkaitan dan meningkatkan aktiviti sel imun yang melawan tumor Di samping itu SCS mampu menghalang penghijrahan dan pencerobohan sel tumor serta memodulasi pelbagai protein yang terlibat bagi membantutkan proses mestastasis tumor ke organ organ lain Kecanggihan pengkomputeran masa kini telah membolehkan simulasi analisis in silico sebatian sebatian utama dalam SCS dijalankan bagi membantu dalam mengenal pasti potensi interaksinya dengan protein reseptor tertentu sebagai salah satu mekanisme tindakan anti tumor SCS Walaupun pelbagai kajian jelas menunjukkan SCS mempunyai kesan anti kanser kajian praklinikal Amalan Makmal Piawai masih diperlukan untuk memenuhi keperluan Agensi Regulatori Farmasi Negara sebelum bahan herba seperti SCS dapat dipasarkan sebagai adjuvan kepada drug terhadap kanser Kajian saintifik yang terperinci dan menyeluruh dapat mengelakkan penggunaan bahan herba secara berleluasa tanpa memahami kesan sampingan atau interaksi dengan drug yang sedang digunakan Seterusnya kajian terperinci sebegini akan memudahkan kelulusan agensi berkaitan di peringkat antarabangsa

Amalan Kearifan Tempatan dalam Masyarakat Melayu/Nusantara (Penerbit USM) Salbani Ahmad Moghni, 2013 Universiti Sains Malaysia Penerbit Universiti Sains Malaysia

BERKAT: RAHSIA HIDUP SENANG ALDZHAM KAMIL, 2016-10-01 Keberkatan adalah sesuatu yang sangat berharga dan diperlukan oleh setiap hamba Allah Ketika mana ramai orang mengidamkan kehidupan yang mewah dan senang orang berimann mengimpikan kehidupan yang berkat kerana dalam keberkatan adanya rahsia kehidupan yang tenang Tanya hati anda impikan kemewahan ataupun keberkatan

Mantanani Island Mohd. Harun Abdullah, Ismail Ali, Zulherry Isnain, Collin G. Joseph, 2021-10-27 This book comprises of 13 chapters documenting the scientific expedition of the Mantanani Island This expedition was conducted by thirty scientists and researchers from Universiti Malaysia Sabah under the fellowship of the Small Islands Research Center SIRC The expedition was carried out from the 8th to the 10th of April 2016 yielded new knowledge and updated previous data on the socio cultural aspects of the inhabitants island geology terrestrial and marine flora and fauna economy and ecotourism The layout of this book was designed to present the socio cultural aspect of the inhabitants on the island in two preliminary chapters followed by island geology land use coastline changes diversity of trees seaweed invertebrates snails groundwater as well as economic and potential ecotourism prospects of the island in its final chapter UMS through its implementation arm SIRC is committed to ensure the success of preservation and conservation of the island s resources for future generations Therefore this book aims to serve as a focal point for future scientific expedition to this island As the environment changes around us due to anthropogenic activities it is only prudent that we document these changes in order to better understand and mitigate future disasters

Tongkat Ali, Kacip Fatimah & Pegaga : New Dimensions in Complementary Healthcare Yu Shyun Chang, Mastura Mohtar, Nurhanan Murni Yunos, 2004

Tumbuhan Ketum di Malaysia: Cabaran dan Prospek (UUM Press) Samihah Khalil @ Halim, Siti Alida John

Abdullah, Rusniah Ahmad, 2018-01-01 Ketum satu satunya tumbuhan yang mempunyai potensi teramat tinggi dari sudut perubatan memerlukan kajian yang sebelum ini tidak pernah diterokai dengan mendalam dan menyeluruh Potensinya adalah lebih tinggi daripada pokok opium dari sudut khasiat perubatan Pihak berwajib perlu melihat aspek kesihatan dan potensi ini dengan lebih serius Ketum boleh diibaratkan sebagai The magical plant of Malaysia Prof Dr Mustafa Ali Mohamed Fakulti Perubatan Universiti Malaya Sumbangan Ibn Sina The father of early modern science kepada rawatan alternatif menggunakan tumbuh tumbuhan hukum dan nisbah al mijaz iaitu tentang tata cara mengguna kaedah menyimpan mengawet serta memberi preskripsi tentang penyediaan adunan tumbuhan agar memberikan kesan terapeutik kepada pengguna Theophrast The father of botany pula memberi nasihat bagaimana tumbuh tumbuhan bertoksid boleh meninggalkan kesan ketagihan jika tidak dipantau pengambilannya Justeru ketum berpotensi untuk dikaji secara saintifik dan dikomersialkan agar manfaatnya adalah untuk kemashlahatan ummah Samihah Khalil Universiti Utara Malaysia **Dewan kosmik**, 2018

ASUHAN KEBIDANAN KOMPLEMENTER PADA MASA NIFAS Tonasih, SST., M.Kes, Evi Dwi Prastiwi, SST., M.Kes., Dewi Andariya Ningsih, S.S.T., M.Keb., Kusumastuti, S.Si.T., M.Kes., Niken Bayu Argaheni, S.ST, M.Keb., Rini Deska, S.ST. M.KM.CTM-MT, Bdn. Lia Fitria, S.S.T., M.Keb., Siti Rusyanti, S.ST., M.Keb., Shinta Wurdiana Rhomadona, S.ST., M.Tr.Keb, Muayah, S.KM., SST., M.Tr.Keb, Rini Mustikasari Kurnia Pratama, S.Si.T., M.Keb., Bdn. Pande Putu Indah Purnamayanthi, S.ST., M.Kes., 2023-10-23 Masa nifas adalah masa sejak melahirkan sampai dengan pulihnya tubuh dan organ reproduksi Periode ini berlangsung selama enam minggu atau kurang lebih 40-42 hari setelah ibu melahirkan Periode pascapersalinan meliputi masa transisi kritis bagi ibu bayi dan keluarganya secara fisiologis emosional dan sosial Selama masa nifas seorang ibu akan mengalami perubahan baik perubahan fisiologis maupun psikologis Jika perubahan perubahan ini tidak dapat ditangani dengan baik maka dapat terjadi komplikasi pada ibu nifas Oleh karena itu perlu adanya suatu upaya untuk memulihkan kondisi kesehatan seseorang yang sakit diantaranya meliputi perawatan treatment dan pengobatan penyakit Terapi komplementer berarti suatu upaya pengobatan yang dapat digunakan bersamaan dengan perawatan medis konvensional bukan pengganti perawatan medis konvensional Terapi ini dapat membantu merasa lebih baik dan juga dapat meningkatkan kualitas hidup serta dapat membantu mengatasi gejala-gejala suatu penyakit tertentu Terapi komplementer pada masa nifas merupakan salah satu alternatif non medis yang dapat dimanfaatkan oleh ibu dalam mengatasi keluhan dan pemulihan selama masa nifas karena dapat menghindari efek samping dari penggunaan obat-obatan dan bahan kimia Metode Terapi Komplementer pada Ibu Nifas dan Menyusui yang biasa diterapkan antara lain Akupresure Pijat Endorfin Pijat Oksitosin Yoga Pilates Pijat Aromatherapi Senam Nifas Terapi Madu Herbal Steam Bath Hypnobreastfeeding dan Parenting Self Efficacy **Kearifan Tempatan: Dari Lisan Ke Aksara Dan Media (Penerbit USM)** Rahimah A. Hamid, 2015 Buku ini mengandungi 12 buah esei yang membincangkan kearifan tempatan orang Melayu di rantau ini Setiap esei memperlihatkan tiap suatu peristiwa bermula dengan pertuturan lisan yang selanjutnya berkembang menjadi tradisi lisan

dan akhirnya peristiwa peristiwa itu disuratkan atau diterbitkan dalam bentuk media elektronik termasuklah juga untuk dijadikan buku ini Membaca buku ini akan menyebabkan khalayak pembaca dibawa mengembara ke akar sastera rakyat Melayu dengan cerita hantu dan perinya cerita cerita lisan yang dituturkan daripada satu generasi kepada generasi berikutnya kepandaian Melayu dalam seni kraftangan dan seni bela diri dan akhirnya ketangkasan akal Melayu dalam memperlihatkan nilai nilai kehidupan kepimpinan adat budaya agama dan bangsanya melalui tuturnya dalam pantun Melayu Dalam erti kata lain buku ini mampu membawa khalayak pembaca untuk mengenal beberapa perkara yang mendasari akal budi bangsa Melayu Membaca buku ini akan menyebabkan khalayak pembaca dibawa mengembara ke akar sastera rakyat Melayu dengan cerita hantu dan perinya cerita cerita lisan yang dituturkan daripada satu generasi kepada generasi berikutnya kepandaian Melayu dalam seni kraftangan dan seni bela diri dan akhirnya ketangkasan akal Melayu dalam memperlihatkan nilai nilai kehidupan kepimpinan adat budaya agama dan bangsanya melalui tuturnya dalam pantun Melayu Dalam erti kata lain buku ini mampu membawa khalayak pembaca untuk mengenal beberapa perkara yang mendasari akal budi bangsa Melayu

Kehidupan di Zaman Pertengahan Tobias Lanslor, Mikael Eskelner, Martin Bakers, Dalam sejarah Eropah Zaman Pertengahan atau zaman pertengahan berlangsung dari abad ke 5 hingga abad ke 15 Ia bermula dengan kejatuhan Empayar Rom Barat dan bergabung dengan Renaissance dan Age of Discovery Zaman Pertengahan adalah tempoh pertengahan tiga bahagian tradisional sejarah Barat zaman klasik zaman pertengahan dan zaman moden Dalam tempoh seribu tahun ini terdapat pelbagai jenis peristiwa dan proses yang sangat berbeza antara satu sama lain secara sementara dan geografi dibezakan bertindak balas terhadap pengaruh bersama dengan tamadun dan ruang lain serta dinamik dalaman Ramai di antaranya mempunyai unjuran yang besar ke arah masa depan antara lain yang meletakkan asas pembangunan perkembangan Eropah yang seterusnya dan pembangunan agen sosial yang membangun masyarakat yang berpengaruh di luar bandar tetapi menyaksikan kelahiran kehidupan bandar yang awal dan borjuasi yang akhirnya akan membangun kapitalisme

Homoseksual di Eropah zaman pertengahan Tobias Lanslor, Walaupun gereja mengutuk homoseksual pada akhir Abad Pertengahan mereka tidak terlalu bimbang tentang tingkah laku homoseksual dan sikap seperti ini juga berlaku di dunia sekular Walau bagaimanapun sekitar abad ke 13 sikap toleran ini berubah dramatik Sesetengah ahli sejarah menceritakan perubahan ini kepada iklim ketakutan dan sikap tidak bertoleransi yang berlaku pada abad ke atas kumpulan minoriti yang berlepas dari norma majoriti Penganiayaan ini mencapai kemuncaknya dalam Inkuisisi abad pertengahan ketika sektarian Cathars dan Waldenses dituduh melakukan kejahatan sodomi dan satanisme Pada tahun 1307 tuduhan meliwat dan homoseksual adalah penting semasa perbicaraan Knights Templar

Massa ,2002 Sedekad memartabatkan pengetahuan tradisi tumbuhan ubatan Norini Haron, 2019 On indigenous and Malay traditional knowledge of herbal plants in Malaysia *Dewan masyarakat* ,2015 *Legasi lebah dan kelulut dalam masyarakat tradisional* Shamsul Bahri Abd Razak, Mokhtar Ishak, Noor Aznida Alias, 2019 Use of honeybees in social life and customs in

Malaysia Ensiklopedia perbidanan Melayu Anisah Barakbah,2007 Encyclopedia of the pregnancy births and maternal health care according to traditional Malay culture **Dermatologi dalam kitab tib Muzium Terengganu** Abdul Ghani Hussain,2019 On traditional herbal medicine for the treatment of dermatological diseases in Malaysia Prinsip dan amalan dalam perubatan Melayu Haliza Mohd. Riji,2000 Traditional medicine in Malaysia Kitab tib Muzium Terengganu Harun Mat Piah,2017 On therapeutic use and traditional herb in Terengganu

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