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TENTANG PHBS RUMAH TANGGA**

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2.	Seorang bayi diberikan ASI eksklusif selama empat [4] bulan saja		
3.	Penimbangan bayi dilakukan mulai saat usia bayi mulai dari satu [1] bulan hingga berusia lima [5] tahun		
4.	Untuk menjaga kebersihan air, jarak ideal antara sumur dan jamban adalah lima [5] meter		
5.	Salah satu manfaat mencuci tangan adalah mencegah penularan penyakit diare, tifus, dan cacianan		
6.	3M adalah Menguras, Menutup, Mengubur		
7.	Konsumsi makanan yang baik adalah dengan cara digoreng		
8.	Kegiatan fisik dalam satu [1] hari minimal selama satu [1] jam		
9.	Membuat jamban sembarangan bisa merusak lingkungan		

Kuesioner Phbs

Abdul Rauf Rahim, S.KM., M.Si



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Asuhan Keperawatan Keluarga dan Komunitas Budi Kristanto, Hardin La Ramba, Chindy Maria Orizani, Safaruddin, Prita Adisty Handayani, Dwi Yuniar Ramadhani, Vivi Sovianti, 2025-09-01 Keluarga dan komunitas merupakan fondasi utama dalam menjaga kesehatan masyarakat Keduanya adalah ruang pertama dan terdekat tempat manusia tumbuh berkembang dan memperoleh dukungan kesehatan Namun di era globalisasi dan modernisasi saat ini keluarga dan komunitas dihadapkan pada berbagai tantangan meningkatnya penyakit kronis munculnya penyakit menular baru perubahan gaya hidup hingga krisis kesehatan global seperti pandemi Buku ini hadir untuk memberikan pemahaman mendalam tentang pentingnya peran perawat dalam mendampingi keluarga dan komunitas menghadapi dinamika kesehatan masa kini Dengan bahasa yang sederhana dan sistematis buku ini mengupas konsep keperawatan keluarga penilaian dan intervensi asuhan pada keluarga rentan hingga strategi keperawatan komunitas Tidak hanya itu buku ini juga menyoroti isu-isu terkini dalam pelayanan kesehatan sehingga pembaca dapat melihat relevansi teori dengan praktik nyata di lapangan Ditujukan bagi mahasiswa dosen praktisi maupun pembaca umum yang peduli pada kesehatan buku ini diharapkan menjadi bekal berharga untuk meningkatkan literasi dan keterampilan dalam memberikan pelayanan keperawatan keluarga dan komunitas Lebih dari sekadar referensi akademik buku ini juga menjadi ajakan untuk menyongsong tantangan kesehatan dengan pengetahuan empati dan kesiapan yang lebih baik

Kesehatan Masyarakat di Daerah Terpencil, Perbatasan dan Kepulauan

Abdul Rauf Rahim, S.KM., M.Si, Membangun dari pinggir merupakan salah satu wacana pembangunan dewasa ini Pembangunan kesehatan juga menerapkan konsep tersebut Pemerintah dengan segala berfokus pada pembangunan kesehatan di Daerah Terpencil Perbatasan dan Kepulauan DTPK Pembangunan Kesehatan di DTPK perlu memperhatikan sumberdaya lokal dengan karakteristik yang berbeda antara wilayah satu dengan yang lainnya Penerapan kebijakan tidak bisa disamakan dengan daerah lain Ketersediaan tenaga yang minim serta sarana prasarana yang terbatas tenaga kesehatan harus kreatif dalam memecahkan persoalan yang ada Provinsi Kepulauan Riau sebagai merupakan daerah terdepan yang berbatasan dengan negara tetangga seperti Malaysia Singapura dan Vietnam Terdiri dari 2.400-an pulau dimana luas daratannya hanya 4% sisanya 98% adalah lautan Penduduk terpusat di Batam 54% Bintan Karimun serta Tanjungpinang sebagai Ibu Kota Provinsi Sisanya terbagi di Natuna Anambas dan Lingga Mayoritas penduduk Kepulauan Riau adalah migrasi dari seluruh provinsi di Indonesia umumnya menetap di Batam sebagai Kota Industri Buku ini disusun dari kumpulan tulisan dan artikel yang berasal dari praktisi kesehatan Kepulauan Riau Artikel merupakan pengalaman pribadi di DTPK serta dari beberapa penelitian Buku ini akan memberikan motivasi kepada para praktisi kesehatan terutama yang berada di daerah dengan karakteristik DTPK Selain itu diharapkan juga dapat menjadi pertimbangan kebijakan pemerintah pusat dan daerah untuk memberikan kebijakan khusus pada setiap kebijakan program maupun kegiatan dengan sasaran DTPK

Kearifan Lokal dalam Penerapan Perilaku Hidup Bersih dan Sehat di Wilayah Tempat Pengolahan Sampah Terpadu N

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