

Chapter 6

Thyroid

1. WRITING A LONG CASE OF THYROID DISEASE

A. HISTORY

1. Particulars of Patient

2. Chief Complaint (s)

In different thyroid diseases chief complaints may be:

- Swelling in front and sides of the neck for.....
- Pain over the swelling for.....
- Hoarseness of voice for.....
- Difficulty in swallowing for.....
- Difficulty in breathing for.....
- Bulging of eyes, trembling of limbs for.....

3. History of Present Illness

- Details about the swelling:
 - Duration
 - Onset: Sudden or insidious
 - Site where first noticed: Front or on the side of the neck
 - Progress of the swelling:
 - » Gradually increasing in size (benign swelling)
 - » Rapidly increasing in size (malignant swelling)
 - » Initially gradually increasing later rapidly increasing (benign turning malignant)
- Pain:
 - Duration
 - Site
 - Character: Usually dull-aching
 - Any radiation
 - Relieving and aggravating factors
- Enquire about pressure symptoms with duration:
 - Difficulty in swallowing: Solid or liquid

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