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17 MANERAS

**(que nunca
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**para conseguir
AUTODISCIPLINA**

DAVID VALOIS

17 Maneras Que Nunca Te Dijeron Para Conseguir Autodisciplina Spanish Edition

David Valois



17 Maneras Que Nunca Te Dijeron Para Conseguir Autodisciplina Spanish Edition:

17 Maneras (que Nunca Te Dijeron) para Conseguir AUTODISCIPLINA David Valois, 2018-05-14 17 Maneras Que Nunca Te Dijeron Para Conseguir Autodisciplina Cu ntas veces pensaste en empezar una dieta Cu ntas veces pensaste en dejar de fumar Cu ntas veces pensaste en leer m s Cu ntas veces abandonaste y volviste a los malos hbitos Alguna vez te has preguntado por qu algunos parecen subir sin esfuerzo a la cima mientras otros est n atrapados en el mismo trabajo a o tras a o Alguna vez has sentido que tu carrera tiene potencial para m s S c mo te sientes Est s asustado porque puedes fallar en tu trabajo Y porque te costar caro en ingresos y en vida personal Y tampoco disfrutas de tu tiempo libre porque piensas Deber a haber hecho esto y lo otro Nada cansa tanto como tener pendiente eternamente una tarea sin terminar William James Basta Quieres llegar lejos y no volver a decir Deber a haber hecho esto Deja de culparte No necesitas m s fuerza de voluntad No necesitas una nueva agenda No necesitas m s tiempo S lo necesitas eliminar tus Malos Hbitos Los hbitos son tu mejor sirviente o el peor de tus due os Nathaniel Emmons Y tengo buenas noticias para ti Puedes eliminar TODOS tus malos hbitos Puedes conseguir TODAS tus metas Tu nico problema es que no sabes C MO de momento Pero se acab Te dar 17 M todos probados para eliminar tus malos hbitos Adi s a la espiral fat dica Malos Hbitos Malos Resultados Descubrir s Algo imprescindible que necesitas saber para romper cualquier mal hbito y nunca te han dicho te sorprender s 17 Maneras f ciles S 17 de eliminar tus malos hbitos S lo tienes que utilizar la que m s se te adapte Sab as que conociendo el verdadero origen de los malos hbitos podr s eliminarlos r pidamente Puedes conseguir todos los hbitos para disparar tu productividad y conseguir tus sue os Puedes conseguir todas tus resoluciones de fin de a o Imag nate T y el buen hbito de trabajar concentradamente hasta terminar Conseguir as terminar proyectos montar as un negocio escribir as libros Objetivo tras objetivo Y tus ingresos subir an T y el buen hbito de ahorrar e invertir tus ingresos Podr as retirarte c modamente en el futuro y sin trabajar T y el buen hbito de gestionar bien el tiempo Podr as disfrutar de 2 horas extra todos los d as Te llevar de la mano para eliminar tus malos hbitos y que consigas cualquier objetivo Vuelve arriba haz click en el bot n de comprar y empieza hoy

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