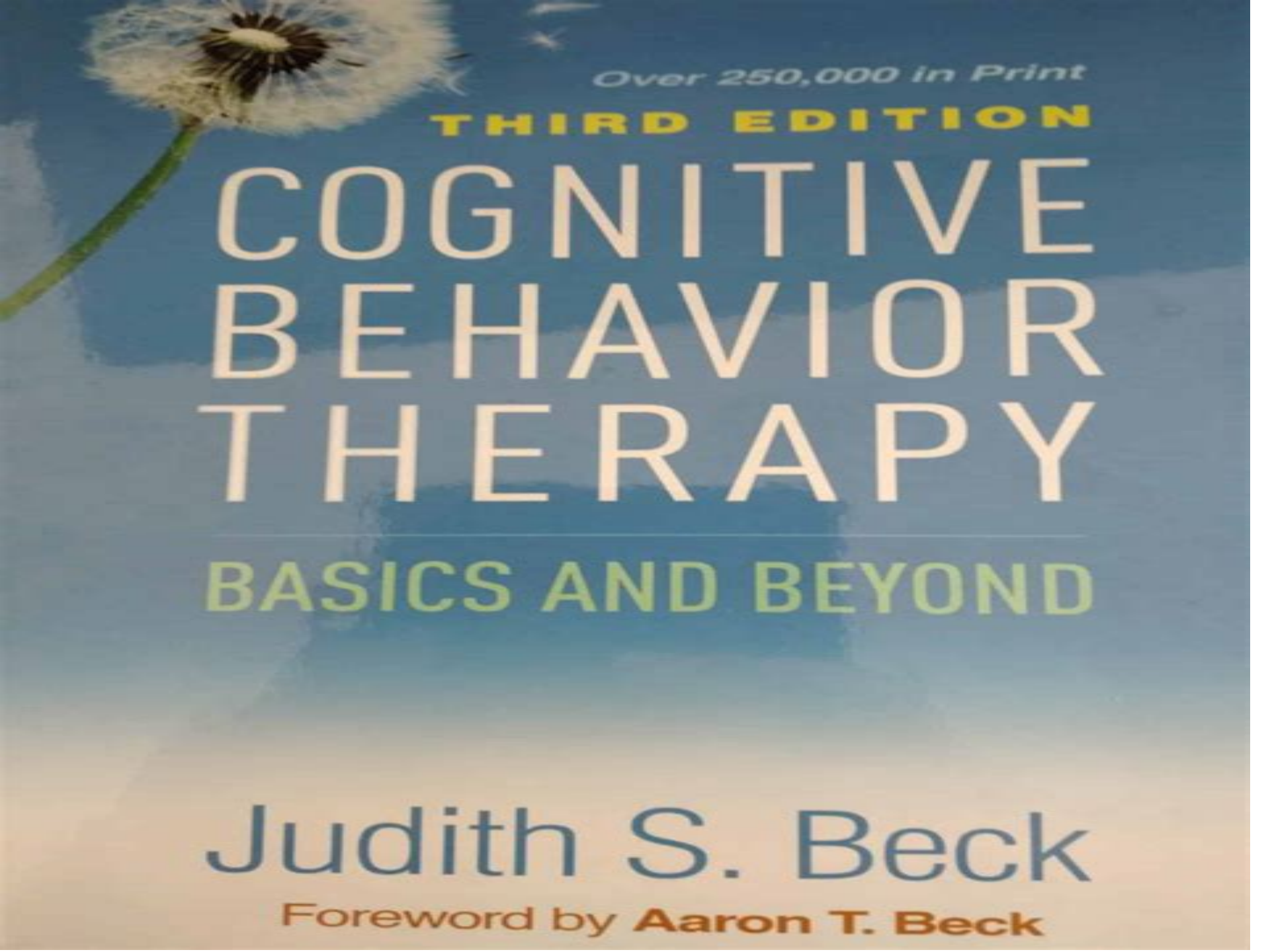




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Treatment Resistant Anxiety Disorders Debbie Sookman, Robert L. Leahy, 2009-09-14 Treatment Resistant Anxiety Disorders Resolving Impasses to Symptom Remission brings together leading cognitive behavioral therapists from major theoretical orientations to provide clinicians with a greatly needed source of information skills and strategies from a wide range of CBT approaches It describes how to combine empirically based findings broad based and disorder specific theoretical models and individualized case conceptualization to formulate and apply specific strategies for varied aspects of resistance during treatment of anxiety disorders Albert Ellis Revisited Jon Carlson, William Knaus, 2013-10-15 Albert Ellis was one of the most influential psychotherapists of all time revolutionizing the field through his writings teachings research and supervision for more than half a century He was a pioneer whose ideas known as Rational Emotive Behavior Therapy REBT formed the basis of what has now become known as Cognitive Behavior Therapy CBT the most widely accepted psychotherapeutic approach in the world This book contains some of Ellis most influential writings on a variety of subjects including human sexuality personality disorders and religion with introductions by some of today s contemporary experts in the psychotherapy field The 20 articles included capture Ellis wit humor and breadth of knowledge and will be a valuable resource for any mental health professional for understanding the key ingredients needed to help others solve problems and live life fully

Sibling Issues in Therapy Avidan Milevsky, 2016-01-26 Incorporating the latest research and clinical work in family dynamics this book examines multiple angles of integrating sibling issues which underlie issues at the core of many clinical difficulties presented by adult clients in therapy to improve adulthood emotional and psychological well being

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