

WARFARIN (COUMADIN) THERAPY

DISCHARGE INSTRUCTIONS

WHAT IS WARFARIN?

Warfarin is the generic name for Coumadin, an anticoagulant. It is a "blood thinner" which slows down the blood clotting process.

It is used to treat or prevent clots in veins or arteries that may occur in the lungs, heart, brain, or legs.

WHY DO I HAVE TO TAKE COUMADIN?

Your healthcare provider has prescribed this medication for you to prevent the formation of damaging blood clots or you have one of the following health conditions/risk factors which requires either short-term or lifetime use of this drug:

- Atrial Fibrillation (fast, irregular heartbeat)
- Heart valve replacement
- Orthopedic surgery
- Tendency to form clots
- History of Stroke (CVA)
- History of Deep Vein Thrombosis (DVT)
- History of Pulmonary Embolism (PE)

Your healthcare provider will explain the length of use, medication dosage, and the amount of blood tests needed while taking warfarin.



LAB TESTS

INTERNATIONAL NORMALIZED RATIO (INR) (2.0-3.0) a blood clotting test used to monitor warfarin therapy. A high value indicates the blood is "too thin". A low value means that the blood will clot too early.

Doses are adjusted every few days at first, aiming for the desired target range of INR. As treatment is continued it may be done every week or two. Changes in the dose takes several days to affect the INR result.

It is very important for you to go to all of your follow-up appointments and to check your INR within 5-7 days of discharge.

HOW SHOULD I TAKE COUMADIN?

Coumadin is taken once a day - at the same time each day. It can be taken with or without food and with other medications.

DO NOT!!

Skip a dose or take a double dose.



DIETARY CONCERNS

Vitamin K is an important part of the blood clotting process.

Keep your daily intake of vitamin K regular and consistent.

Vitamin K is found in all foods, but especially green leafy vegetables, like, Swiss chard, Kale, Brussels sprouts, Broccoli, Lettuce, Collard greens, Spinach, and Green tea.

MOST COMMON SIDE EFFECT

Warfarin reduces the blood's ability to clot, therefore the most common side effect is bleeding. Control any bleeding by applying firm, prolonged pressure to the area. Call your doctor or go to the ER if you are unable to control bleeding or are not sure how serious your bleeding is.

POINTS TO CONSIDER:

Women are at a greater risk than men

Alcohol and drug abuse increase the risk of bleeding. Limit alcohol consumption to one drink per day. (4 oz wine, 1.5 oz hard liquor, 12 oz beer)

A nosebleed is the most common type of bleeding. **Do Not** blow nose forcefully.

Gums may bleed. Use a soft bristled toothbrush and waxed floss.

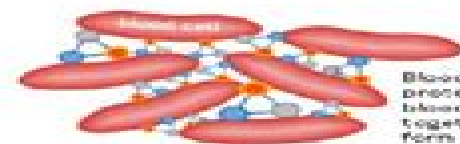
Bruising (large or sudden) - limit activities that may result in injury like contact sports.

Red or coffee ground colored vomit or dark and tarry stools could indicate a GI bleed.

How Warfarin Affects Blood Clotting



Vitamin K, produced by the body, helps form blood-clotting proteins



Blood-clotting proteins hold blood cells together to form clots



Warfarin reduces the body's ability to make Vitamin K which interferes with protein creation



Lower levels of clotting protein makes blood cells less likely to clot

DID YOU KNOW?

Medication such as aspirin or those that thin the blood and drinks like cranberry juice and alcohol can increase the effects of Coumadin and cause increased risk of bleeding.

Diet Guidelines For Patients Taking Warfarin Coumadin

**Adrianne Dill Linton, Mary Ann
Matteson**



Diet Guidelines For Patients Taking Warfarin Coumadin:

Study Guide for Understanding Pharmacology - E-Book M. Linda Workman, Linda A. LaCharity, Linda Lea Kerby, Jennifer A. Ponto, Julie S. Snyder, 2016-06-07 Corresponding to the chapters in Understanding Pharmacology Essentials for Medication Safety 2nd Edition this study guide offers content review a wide range of engaging activities and medication safety practice questions to help users master pharmacology concepts learn drug safety and practice dosage calculation Medication safety practice questions help users review math skills in the context of patient care through realistic scenarios Learning activities in a variety of engaging formats reinforce important concepts and information for each chapter Practice quizzes at the end of each chapter help users prepare for exams and ensure content mastery Study tips for users who speak English as a second language provide extra help for ESL users Medical-Surgical Nursing Susan C. deWit, Candice K. Kumagai, 2013-05-28 Take your understanding to a whole new level with Pageburst digital books on VitalSource Easy to use interactive features let you make highlights share notes run instant topic searches and so much more Best of all with Pageburst you get flexible online offline and mobile access to all your digital books The clear concise and cutting edge medical surgical nursing content in Medical Surgical Nursing Concepts Practice 2nd Edition provides the solid foundation you need to pass the NCLEX Examination and succeed as a new nurse It builds on the fundamentals of nursing and covers roles settings health care trends all body systems and their disorders emergency and disaster management and mental health nursing Written by noted authors Susan deWit and Candice Kumagai Medical Surgical Nursing reflects current national LPN LVN standards with its emphasis on safety as well as complementary and alternative therapies UNIQUE LPN Threads share learning features with Elsevier's other LPN textbooks providing a consistency across the Elsevier LPN curriculum Key Terms include phonetic pronunciations and text page references Key Points are located at the end of chapters and summarize chapter highlights Overview of Anatomy and Physiology at the beginning of each body system chapter provides basic information for understanding the body system and its disorders Nursing Process provides a consistent framework for disorders chapters Evidence Based Practice is highlighted with special icons indicating current research Assignment Considerations boxes address situations in which the charge nurse delegates to the LPN LVN or the LPN LVN assigns tasks to unlicensed assistive personnel Focused Assessment boxes include information on history taking and psychosocial assessment physical assessment and guidance on how to collect data information for specific disorders Elder Care Points boxes address the unique medical surgical care issues that affect older adults Legal and Ethical Considerations boxes focus on specific disorder related issues Safety Alert boxes highlight specific dangers to patients related to medications and clinical care Clinical Cues provide guidance and advice related to the application of nursing care Think Critically About boxes encourage you to synthesize information and apply concepts beyond the scope of the chapter Concept Maps in the disorders chapters help you visualize difficult material and illustrate how a disorder's multiple

symptoms treatments and side effects relate to each other Health Promotion boxes address wellness and disease prevention including diet infection control and more Complementary and Alternative Therapies boxes offer information on how nontraditional treatments for medical surgical conditions may be used to complement traditional treatment Cultural Considerations promote understanding and sensitivity to various ethnic groups Nutrition Considerations address the need for holistic care and reflect the increased focus on nutrition in the NCLEX Examination Patient Teaching boxes provide step by step instructions and guidelines for post hospital care Home Care Considerations boxes focus on post discharge adaptations of medical surgical nursing care to the home environment Mental Health Nursing unit includes information on disorders of anxiety and mood eating disorders cognitive disorders thought and personality disorders and substance abuse Disaster Management content includes material focusing on preparation and mitigation to avoid losses and reduce the risk of injury associated with both natural and bioterrorist disasters Nursing Care Plans with Critical Thinking Questions show how a care plan is developed and how to evaluate care of a patient Review questions for the NCLEX PN Examination at the end of each chapter include alternate item format questions and help prepare you for class tests and the NCLEX exam Critical Thinking Activities at the end of chapters include clinical situations and relevant questions allowing you to hone your critical thinking skills UNIQUE Best Practices are highlighted to show the latest evidence based research related to interventions Online resources listed at the end of each chapter promote comprehensive patient care based on current national standards and evidence based practices UNIQUE Icons in page margins point to related animations video clips additional content and related resources on the Evolve site Medical-Surgical Nursing - E-Book Susan C. deWit,Candice K. Kumagai,2012-02-24 UNIQUE Best Practices are highlighted to show the latest evidence based research related to interventions Online resources listed at the end of each chapter promote comprehensive patient care based on current national standards and evidence based practices UNIQUE Icons in page margins point to related animations video clips additional content and related resources on the Evolve site Family Practice Guidelines, Fourth Edition Jill C. Cash,Cheryl A. Glass,2017-01-20 Print version of the book includes free access to the app web iOS and Android which offers interactive Q A review plus the entire text of the print book Please note the app is included with print purchase only This bible of family practice for primary care students and clinicians provides current national practice guidelines for professional standards of care across the life span Concise and clearly organized the resource features detailed step by step instructions for physical examinations and diagnostic testing in the outpatient setting information on health promotion care guidelines dietary information information on culturally responsive care patient resources and abundant patient education handouts This fourth edition is updated to include new evidence based guidelines for rheumatology public health featuring updated information on substance abuse violence obesity homelessness and lesbian health the sports physical exam and interventions endocrinology the 2015 Beers Criteria new Centers for Disease Control and Prevention CDC recommendations for health maintenance posttraumatic stress

disorder PTSD assessment and management restless legs syndrome sexual dysfunction treatment and psychiatric disorders Several new and updated Patient Teaching Guides with printable education points add to the book's outstanding utility as a thorough and reliable clinical resource Each of the 268 diagnoses includes definition incidence pathogenesis predisposing factors common complaints signs symptoms subjective data physical exam and diagnostic tests differential diagnosis and a care plan New to the Fourth Edition New and updated guidelines for Rheumatology polymyalgia rheumatica Sjögren's syndrome psoriatic arthropathy pseudogout calcium pyrophosphate dihydrate ankylosing spondylitis reactive arthritis Raynaud's syndrome Public Health substance abuse violence obesity homelessness lesbian health Sports Exam assessment and treatment 2015 Beers Criteria CDC recommendations vaccine and cancer screening Endocrinology diabetes management and new Food and Drug Administration approved medications Updated to reflect the Whelton 2017 guidelines for hypertension Neurology PTSD and restless legs syndrome management Sexual dysfunction Bipolar and other behavioral health disorders New and updated Patient Teaching Guides Key Features Presents information for 268 disorders in consistent format for ease of use Highlights key considerations with Practice Pointers Provides individual care points for pediatric pregnant and geriatric patients Includes 138 printable Patient Teaching Guides Offers 18 procedure guidelines and routine health maintenance guidelines **Medical-Surgical Nursing - E-Book** Sharon L. Lewis, Shannon Ruff

Dirksen, Margaret M. Heitkemper, Linda Bucher, Jan Camera, 2015-07-13 Written by a dedicated team of expert authors led by Sharon Lewis Medical Surgical Nursing 8th Edition offers up to date coverage of the latest trends hot topics and clinical developments in the field to help you provide exceptional care in today's fast paced health care environment Completely revised and updated content explores patient care in various clinical settings and focuses on key topics such as prioritization clinical decision making patient safety and NCLEX exam preparation A variety of helpful boxes and tables make it easy to find essential information and the accessible writing style makes even complex concepts easy to grasp Best of all a complete collection of interactive learning and study tools help you learn more effectively and offer valuable real world preparation for clinical practice **Study Guide for Medical-Surgical Nursing - E-Book** Adrienne Dill Linton, Mary Ann

Matteson, 2022-05-05 Questions arranged by level of difficulty move from simple recall to more difficult exercises designed to help you apply analyze and synthesize basic concepts Alternate format questions include multiple response labeling prioritizing ordering and calculation questions to help you practice for the NCLEX PN Review questions on care for older adults focus on long term care and community based settings asking you to apply content to real world practice Additional review questions are provided on the Evolve website for the textbook NEW Next Generation NCLEX format questions help you review and practice for the new licensure examination NEW Case studies in the clinical chapters allow you to develop skills in clinical judgment NEW Updated exercises and review questions match the new content in the textbook and cover newly approved pharmaceutical treatments and drugs **Potter & Perry's Essentials of Nursing Practice, SAE, E book**

Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, Amy Hall, 2021-06-16 Potter and Perry's Essentials of Nursing Foundation is a widely appreciated textbook for the teaching learning of nursing foundations. Its comprehensive coverage provides fundamental concepts, skills, and techniques of nursing practice in the areas of nursing foundation. This South Asian Edition of Potter and Perry's Essentials of Nursing Foundation not only provides the well-established authentic content of international standard but also caters to the specific curricular needs of nursing students and faculty of the region as the content is exactly tailored according to the Indian Nursing Council curriculum. Most Comprehensive Content is presented comprehensively so that the textbook is very easy to read and comprehend. Most Lucid Content is very simple for non-English speaking Indian students. It is an easy-to-read, interesting, and involving disposition which leads the reader through various facts of nursing foundation. Indian Student friendly. Exactly as per syllabus prescribed by INC for B.Sc. Nursing course and also useful for Diploma Nursing course. It has improved layout design and presentation through addition of images and illustrations. Many images have been replaced with Indian ones to provide regional feel of the content. Region specific content. There is inclusion of region specific content such as o Nursing education, nursing cadres, registration, licensing, Indian medical legal laws, health care delivery system, new trends of nursing in India, o Updated detailed history of nursing in India, o Major recent health policies in India such as National Health Policy 2017 and Biomedical Waste Management rules 2016, o Code of Ethics for Nurses in India. Additional chapters o Hospital admission and discharge, o Equipment and linen, o Diagnostic testing, o First aid and emergencies. A complete and student friendly text in Nursing Foundation of Global standards with local appeal. Additional chapters o Hospital admission and discharge, o Equipment and linen, o Diagnostic testing, o First aid and emergencies. Fundamentals of Nursing Care Marti A. Burton, Linda J. May, Ludwig, 2014-10-10. Take a fresh new approach to nursing fundamentals that teaches students how to think, learn, and do while they make the connections each step of the way. **Conn's Current Therapy 2023 - E-Book** Rick D. Kellerman, David P. Rakel, 2022-11-02. Trusted by clinicians for more than 75 years, Conn's Current Therapy presents today's evidence-based information along with the personal experience and discernment of expert physicians. The 2023 edition is an excellent resource for a wide range of healthcare professionals including primary care subspecialists and allied health, providing current treatment information in a concise yet in-depth format. Nearly 350 topics have been carefully reviewed and updated to bring you state-of-the-art content in even the most rapidly changing areas of medicine. Offers personal approaches from recognized leaders in the field covering common complaints, acute diseases, and chronic illnesses along with the most current evidence-based clinical management options. Follows a consistent easy-to-use format throughout with diagnosis, therapy, drug protocols, and treatment pearls presented in quick reference boxes and tables for point-of-care answers to common clinical questions. Includes new chapters on leg edema and venous stasis, multisystem inflammatory syndrome in children, MIS-C, monoclonal antibodies, and genetic testing. Incorporates more electronic links throughout the text that connect the reader to apps and clinical prediction tools that can

easily be accessed in practice Features thoroughly reviewed and updated information from many new authors and two new associate editors Drs Joel J Heidelbaugh and Ernestine M Lee who offer a fresh perspective and their unique personal experience and judgment Provides current drug information thoroughly reviewed by PharmDs Features nearly 300 images including algorithms anatomical illustrations and photographs that provide useful information for diagnosis Drug-Drug Interactions for Therapeutic Biologics Honghui Zhou,Bernd Meibohm,2013-05-10 Strategize plan and execute comprehensive drug drug interaction assessments for therapeutic biologics Offering both theory and practical guidance this book fully explores drug drug interaction assessments for therapeutic biologics during the drug development process It draws together and analyzes all the latest findings and practices in order to present our current understanding of the topic and point the way to new research Case studies and examples coupled with expert advice enable readers to better understand the complex mechanisms of biologic drug drug interactions Drug Drug Interactions for Therapeutic Biologics features contributions from leading international experts in all areas of therapeutic biologics drug development and drug drug interactions The authors contributions reflect a thorough review and analysis of the literature as well as their own firsthand laboratory experience Coverage includes such essential topics as Drug drug interaction risks in combination with small molecules and other biologics Pharmacokinetic and pharmacodynamic drug drug interactions In vitro methods for drug drug interaction assessment and prediction Risk based strategies for evaluating biologic drug drug interactions Strategies to minimize drug drug interaction risk and mitigate toxic interactions Key regulations governing drug drug interaction assessments for therapeutic biologics Drug Drug Interactions for Therapeutic Biologics is recommended for pharmaceutical and biotechnology scientists clinical pharmacologists medicinal chemists and toxicologists By enabling these readers to understand how therapeutic biologics may interact with other drugs the book will help them develop safer more effective therapeutic biologics The 5-Minute Clinical Consult 2020 Sangeeta Sharma,2019-12-15 Over 250 diagnostic and treatment algorithms over 900 topics providing clinical guidance current evidence based designations highlighted in each topic at a glance format with concise and bulleted text ICD 10 codes dsm 5criteria quick information to help in diagnosis treatment selection and medication dosing easy to use reference at point of care providing quick answer to a direct clinical question **Fundamental of Nursing - Guide - 2024** Akash Tiwari,2024-01-08 **The Definitive Guide to Cancer, 3rd Edition** Lise N. Alschuler,Karolyn A. Gazella,2010-04-27 This comprehensive guide delivers informed hope along with effective tools for reclaiming your vitality in the midst of cancer treatment healing and recovery When you or a loved one is faced with a cancer diagnosis the need for accurate and trusted medical information becomes urgent Naturopathic physician Lise N Alschuler and medical journalist Karolyn A Gazella present an overview of what cancer is its causes and preventative strategies an in depth approach to integrative treatment options descriptions of key body functions and discussions of more than twenty specific cancers The Definitive Guide to Cancer now in its third edition encourages you to take an integrative

approach that embraces both alternative and conventional therapies across the spectrum of cancer prevention treatment and healing

The 5-Minute Clinical Consult 2013 Frank J. Domino, Robert A. Baldor, M.D., Jeremy Golding, M.D., Jill A. Grimes, M.D., 2012-06-05 The 5 Minute Clinical Consult 2013 Premium Edition provides rapid access information on the diagnosis treatment medications follow up and associated conditions of diseases and conditions Organized alphabetically by diagnosis this best selling clinical reference continues to present brief bulleted points on disease topics in a consistent 3 column format Online Mobile access to 5minuteconsult.com accompanies this textbook purchase This trusted evidence based content is written by physicians to bring you the information you need fast at the point of care Features include More than 900 topics in print and online including over 95 new topics Asherman Syndrome Acute Diarrhea Pulmonary Fibrosis Gastric Polyp Hand Foot Mouth Disease IgA Nephropathy Q Fever Thymus Cancer and many more Additional 30 algorithms in print and online including Dizziness Migraine Treatment Rectal Pain and Vitamin D Deficiency Premium Online Access Includes Diseases Conditions Thousands of bulleted topics from across our 5 Minute Series to support your patient care decisions 12 in 1 Access to content from 12 titles 5 Minute Pain Management Obstetrics Gynecology Pediatrics Women's Health Orthopedic Urology Cardiology Emergency Medicine and Clinical as well as Essential Guide to Primary Care Procedures A Practical Guide to Soft Tissue Joint Injections and Wallach's Interpretation of Diagnostic Tests Internet Point of Care CME Earn CME credits as you treat your patients at no additional cost Customizable Patient Handouts Over 1 000 handouts in English Spanish from AAFP to help educate your patients Procedure Video Build your skills with procedure videos and also have access to physical therapy videos Drugs A to Z drug monographs from Facts and Comparison with patient education and interactions Algorithms Diagnostic and Treatment algorithms linked to associated topic for quick reference Images Provide visual guidance in areas such as dermatology radiology etc Updates Topics videos handouts drugs and more updated on a regular basis Mobile Web enabled mobile access to diseases conditions drugs images algorithms and lab tests as well as updates

Conn's Current Therapy 2021, E-Book Rick D. Kellerman, David P. Rakel, 2020-12-08 Designed to suit a wide range of healthcare providers including primary care subspecialties and allied health Conn's Current Therapy has been a trusted clinical resource for well over 70 years The 2021 edition continues this tradition of excellence with current evidence based treatment information presented in a concise yet in depth format More than 300 topics have been carefully reviewed and updated to bring you state of the art information in even the most rapidly changing areas of medicine Offers personal approaches from recognized leaders in the field covering common complaints acute diseases and chronic illnesses along with the most current evidence based clinical management options Follows a consistent easy to use format throughout with diagnosis therapy drug protocols and treatment pearls presented in quick reference boxes and tables for point of care answers to common clinical questions Includes new and significantly revised chapters on COVID 19 Diabetes Mellitus in Adults Chronic Leukemias and Osteomyelitis Incorporates more electronic links throughout the text that connect the reader

to apps and clinical prediction tools that can easily be accessed in practice Features thoroughly reviewed and updated information from many new authors who offer a fresh perspective and their unique personal experience and judgment Provides current drug information thoroughly reviewed by PharmDs Features nearly 300 images including algorithms anatomical illustrations and photographs that provide useful information for diagnosis *Prescription for Herbal Healing, 2nd Edition* Phyllis A. Balch CNC, Stacey Bell, 2012-04-03 The definitive source for choosing the optimal herbal therapy thoroughly revised and updated Millions of Americans are turning to herbal therapies to heal what ails them either as an alternative or as a supplement to traditional medicine From the most trusted name in natural healing Phyllis A Balch s new edition of *Prescription for Herbal Healing* provides the most current research and comprehensive facts in an easy to read A to Z format including Information on more than 200 herbs and herbal combination formulas ranging from well known herbs such as ginseng and St John s Wort to less familiar remedies such as khella and prickly ash Chinese and ayurvedic herbal combinations Discussion of more than 150 common disorders from acne to yeast infection and suggested herbal treatment therapies **Medical-Surgical Nursing - E-Book** Donna D. Ignatavicius, M. Linda Workman, Cherie Rebar, 2017-09-09 Awarded second place in the 2018 AJN Book of the Year Awards in Medical Surgical Nursing Healthcare is evolving at an incredible pace and with it the roles and responsibilities of the medical surgical nurse Ensure you are fully equipped to thrive and adapt in this ever changing nursing environment with Ignatavicius Workman and Rebar s *Medical Surgical Nursing Concepts for Interprofessional Collaborative Care 9th Edition* This trendsetting text not only covers all essential adult health knowledge but also reinforces the application conceptual thinking and clinical judgment skills that today s nurses need to stay one step ahead in delivering exceptional patient care no matter the environment As with previous Iggy editions you ll find a unique collaborative care approach to adult health nursing a thorough integration of QSEN competencies extensive NCLEX Exam preparation and a direct reader friendly tone throughout the text This ninth edition incorporates two emerging and complementary trends the Core Competencies for Interprofessional Collaborative Practice and a more conceptual approach teaching and learning areas that will ground you in how to think like a nurse and how to apply the knowledge you gain from the text to clinical practice There are a lot of med surg nursing texts out there but there s only one that combines all the information concepts and on the job realities in a way that makes perfect sense Iggy Trendsetting QSEN integration emphasizes patient safety and evidence based practice with Nursing Safety Priority boxes including Drug Alerts Critical Rescues and Action Alerts UNIQUE Emphasis on clinical judgment helps you develop skills in clinical reasoning and clinical decision making when applying concepts to clinical situations Strong emphasis on NCLEX Exam preparation includes chapter opening Learning Outcomes and chapter ending Get Ready for the NCLEX Examination sections organized by NCLEX Client Needs Categories plus NCLEX Examination Challenge questions with an answer key in the back of the book and on the Evolve companion website Exceptionally readable content features shorter sentences straightforward vocabulary and a direct

reader friendly writing style *The 5-Minute Clinical Consult 2014* Frank J. Domino, Robert A. Baldor, 2013-05-20 The 5 Minute Clinical Consult 2014 Standard Edition provides rapid access in a quick reference format It delivers diagnosis treatment medications follow up and associated factors for a broad range of diseases and conditions Organized alphabetically by diagnosis this best selling clinical reference continues to present brief bulleted information on disease topics in a consistent and reader friendly three column format **Pharmacology and the Nursing Process E-Book** Linda Lane Lilley, Shelly Rainforth Collins, Julie S. Snyder, 2022-01-19 Focus on need to know information includes discussions of what nurses may encounter during drug administration in a variety of health care settings providing accounts of real life medication errors and tips for avoiding those errors The Nursing Process is applied to each category of drugs ensuring that you administer medications accurately and safely and includes the steps of assessment human need statements planning implementation and evaluation Emphasis on drug classes describes key similarities and differences among the drugs in each class making it easier to understand how individual drugs work in the body Consistent presentation for each drug group includes the mechanism of action indications contraindications adverse effects interactions and dosages concluding with drug profiles of individual drugs in the class or group High alert icons identify medications that pose a greater risk to patient safety Focus on prioritization includes prioritized nursing diagnoses along with a corresponding prioritization of goals and outcomes to help you learn to connect nursing diagnoses with goals and outcomes Ease of readability makes difficult content more understandable Photo atlas features more than 100 drawings and photographs showing drug administration techniques Dosages tables summarize generic and trade names pharmacologic class normal dosage ranges and indications for the drugs Learning features at the beginning of each chapter include objectives and key terms and at the end of each chapter key points critical thinking questions review questions and a list of resources available on the Evolve website QSEN coverage includes the use of human need theory with human need statements case studies featuring collaboration and teamwork content Preventing Medication Errors boxes and a discussion of the QSEN initiative as it relates to the safety and quality of patient care NEW Updated drug content reflects the latest FDA drug approvals withdrawals and therapeutic uses and includes updated nursing content **Clinical Guidelines for Advanced Practice Nursing** Karen G. Duderstadt, Rebekah Kaplan, 2016-03-17 Clinical Guidelines for Advanced Practice Nursing An Interdisciplinary Approach Third Edition is an accessible and practical reference designed to help nurses and students with daily clinical decision making Written in collaboration with certified nurse midwives clinical nurse specialists nurse practitioners nutritionists pharmacists and physicians it fosters a team approach to health care Divided into four areas Pediatrics Gynecology Obstetrics and Adult General Medicine and following a lifespan approach it utilizes the S O A P Subjective Objective Assessment Plan format Additionally the authors explore complex chronic disease management health promotion across the lifespan and professional and legal issues such as reimbursement billing and the legal scope of practice The Third Edition has a keen focus on

gerontology to accommodate the AGNP specialty and to better assist the student or clinician in caring for the aging population. The authors follow the across the life span approach and focus on common complete disorders. Certain chapters have been revised and new chapters have been added which include Health Maintenance for Older Adults, Frailty, Common Gerontology Syndromes, Cancer Survivorship, Lipid Disorders, Acne, pediatrics section. Please note that the 2016 CDC Guidelines for prescribing opioids for chronic pain in the United States were not yet available at the time the authors were updating the Third Edition. See the Instructor Resources tab to read a note from the authors about their recommendations for resources around these guidelines.

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Diet Guidelines For Patients Taking Warfarin Coumadin Introduction

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