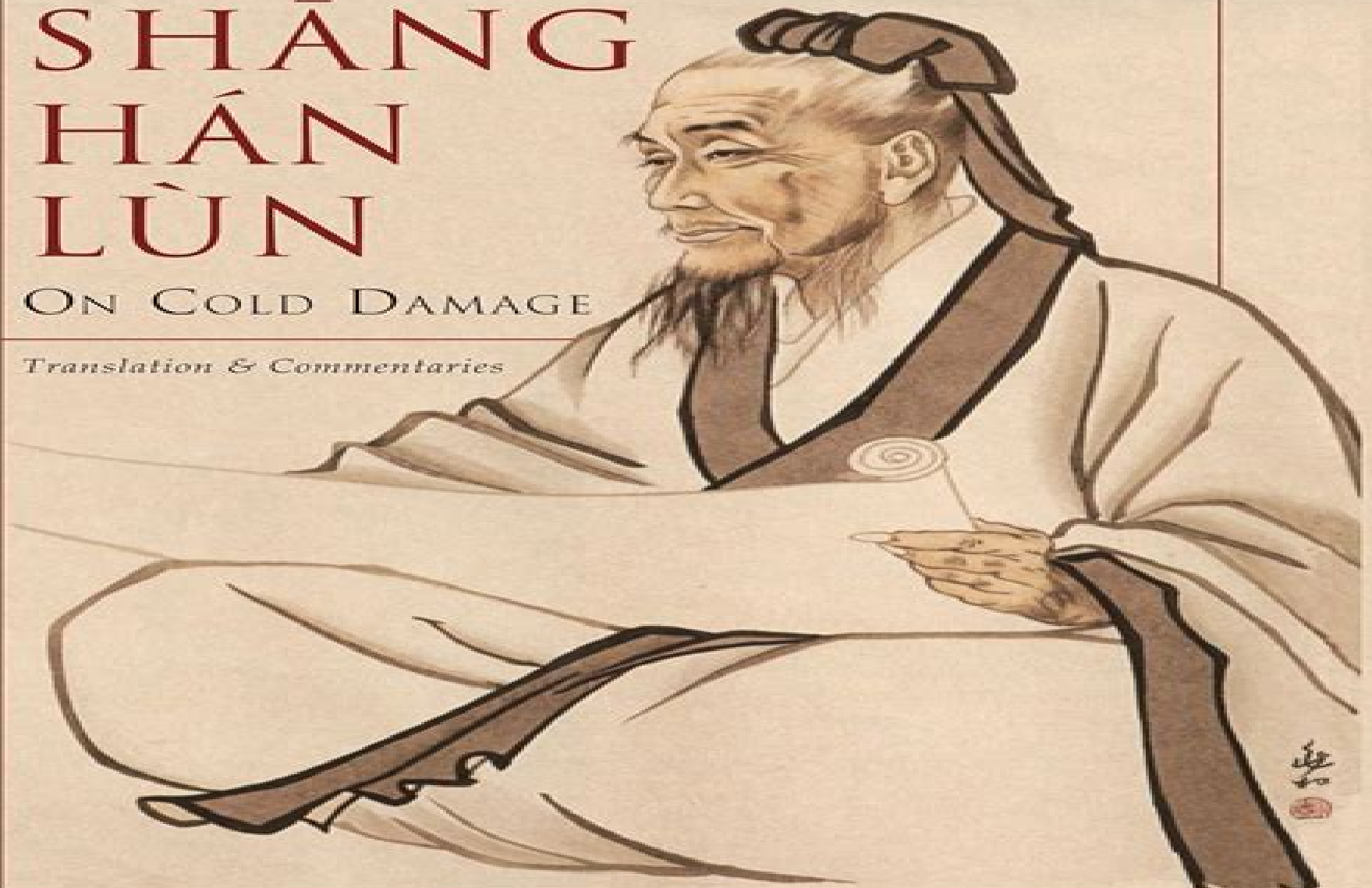


An Eighteen-hundred-year-old Chinese Medical Text on  
Externally Contracted Disease by Zhāng Jī (Zhāng Zhòng-Jīng)

# SHĀNG HÁN LÙN

ON COLD DAMAGE

*Translation & Commentaries*



CRAIG MITCHELL ~ FÉNG YÈ ~ NIGEL WISEMAN

# Shang Han Lun On Cold Damage Translation And Commentaries

**Jamie Hamilton**



## **Shang Han Lun On Cold Damage Translation And Commentaries:**

*Shang Han Lun* Zhang Ji, 2022-07-26 The *Shang Han Lun* has been a primary treatment theory and practice source for nearly two millennia. Its author Zhang Zhong Jing has been named the Chinese Hippocrates to highlight the depth and breadth of his contribution to traditional Chinese drug therapy. This edition features the Chinese text, Pinyin transliteration, and an English translation of the entire Song Dynasty text, the content and textual order most used in Asia. Just as in Chinese language editions, it is fully supplemented with notes and commentaries. The notes describe the clinical symptoms Zhang Zhong Jing associated with the Chinese terms. For example, modern interpretations of a moderate pulse often refer to the speed of its beats. The same term when used in the *Shang Han Lun* refers to a pulse that is loose, soft, and harmonious. Such notes provide practitioners with the clinical observations necessary to properly apply the information. The commentaries further enhance the text's clinical utility by explaining the theoretical and practical foundations behind the lines of text. Because entire bodies of theory and practice can be associated with the terms and expressions used in canonical works like the *Shang Han Lun*, commentaries have become a standard means of knowledge acquisition for Asian students. The commentaries in this edition serve exactly the same purpose, greatly enhancing its utility. The introductory matter explains the background of the text, the conceptual structure of its contents, and the problems of exegesis. The appendices are designed to assist those studying Chinese, and the glossary and the full Pinyin-English index make this an easily accessed reference.

Discussion of Cold Damage (Shang Han Lun) Guohui Liu, 2015-11-21 A major new translation of the Chinese classic *Shang Han Lun* by scholar and medical doctor Guohui Liu makes this foundational text fully accessible to English-speaking clinicians for the first time. Extensive study and research underpins the translation; the author's understanding of both classical and modern Chinese enables him to interpret fully the ancient work within the theory of Chinese medicine. An extensive commentary explains the translation, the difficulties with the text, how it has been subsequently translated, and expands on the theory laid out in the original text to reach an understanding that can be applied in the clinic for diagnosis and treatment. The value of this classic text lies primarily in its establishment of a basic framework for differentiation and treatment, but it also presents 112 formulas and 88 medicinal substances which are commonly applied in clinical work for various conditions. In this edition, the 112 formulas are fully explained in the context of the clinical experiences of well-known ancient and modern doctors, and they are also laid out in two appendices cross-referenced to the text.

*Medical Practice in Twelfth-century China - A Translation of Xu Shuwei's Ninety Discussions [Cases] on Cold Damage Disorders* Asaf Goldschmidt, 2019-06-28 This book is an annotated translation of Xu Shuwei's 1080-1154 collection of 90 medical case records, *Ninety Discussions of Cold Damage Disorders* (*Shanghan Jiushi Lun*), which was the first such collection in China. The translation reveals patterns of social as well as medical history. This book provides the readers with a distinctive first-hand perspective on twelfth-century medical practice, including medical aspects such as nosology, diagnosis, treatment, and

doctrinal reasoning supporting them It also presents the social aspect of medical practice detailing the various participants in the medical encounter their role the power relations within the encounter and the location where the encounter occurred Reading the translation of Xu s cases allows the readers high resolution snapshots of medicine and medical practice as reflected from the case records documented by this leading twelfth century physician The detailed introduction to the translation contextualizes Xu s life and medical practice in the broader changes of this transformative era

*Antiquarianism, Language, and Medical Philology*, 2015-01-27 Based on several research seminars the authors in this volume provide fresh perspectives of the intellectual and cultural history of East Asian medicine 1550 1800 They use new sources make new connections and re examine old assumptions thereby interrogating whether and why European medical modernity is an appropriate standard for delineating the modern fate of East Asia s medical classics The unique importance of early modern Europe in the history of modern medicine should not be used to gloss over the equally unique and thus different developments in East Asia Each paper offers an important contribution to understanding the dynamics of East Asian medicine namely the relationship between medical texts medical practice and practitioner identity Furthermore the essays in this volume are especially valuable for directing our attention to the movement of medical texts between different polities and cultures of early modern East Asia especially China and Japan Of particular interest are the interactions similarities and differences between medical thinkers across East Asia Contributors include Susan Burns Benjamin A Elman Asaf Goldschmidt Angela KC Leung Federico Marcon MAYANAGI Makoto Fabien Simonis Daniel Trambaiolo and Mathias Vigouroux

Understanding and Treating Hot Flashes in Menopause with Chinese Medicine Brian Grosam, 2021-12-21 Understanding and Treating Hot Flashes in Menopause with Chinese Medicine is the first book in history to be written on the subject This book combines Chinese medicine concepts with current Western medicine frameworks of science and understanding of patho mechanisms for a contemporary treatment approach to hot flashes in menopause Dr Grosam explores both Western biomedicine including the roles of estrogen and neurotransmitters and Chinese medicine historical theory to provide an up to date understanding of hot flashes and menopausal transition Exploring current treatments in Western medicine as well as acupuncture and herbs he presents a complete evaluation of how modern treatment strategies can be improved through an integrated approach Allowing for a deeper understanding of the causes of hot flashes in menopause this book opens doors to fresh approaches and treatment strategies for women s healthcare practitioners from both branches of medicine

Essential Pulse Diagnosis in Chinese Medicine Jamie Hamilton, 2022-04-21 Pulse diagnosis is a notoriously complicated area in Chinese medicine with very few practical or accessible resources available to practitioners to improve their skillset This clear didactic manual provides detailed yet user friendly instructions for a pulse diagnosis method the author has developed called Mai Jing A B C allowing for clinical competency and confidence in pulse diagnosis Jamie Hamilton draws on pulse methods and techniques found primarily in the 3rd century classic of Chinese medicine Mai Jing

that have often been overlooked in later centuries He uses his teaching background to reassess these methods and breaks down incredibly complex concepts into simpler forms to enable learning and immediate application into practice The method has been honed into six simple steps each accompanied by detailed case studies to further aid clarity *The Tithe Maps of England and Wales* Roger J. P. Kain, Richard R. Oliver, 1995-07-20 A reference work on the tithe maps of England and Wales for historians geographers and lawyers **Huang Di Nei Jing Su Wen** Paul U. Unschuld, 2003-04-08 The essential reference for ancient Chinese medicine Donald Harper University of Chicago **Commentary on the Discussion of Cold Damage with Annotations**, 2018-07-21 Written by Cheng Wuji and published in 1144 this is a complete commentary on the entire text of On Cold Damage the Shang Han Lun in the Song dynasty order The entire text means that Cheng s commentary includes the four chapters on the pulse as well as the chapters on the prohibitions in the back of the Shang Han Lun All told this adds another 250 lines of text to the Shang Han Lun In addition to Cheng Wuji s commentary Jonathan Schell has annotated and translated Cheng s lines with over 1600 lines from the Su Wen 500 lines from the Ling Shu 22 Difficulties from the Nan Jing numerous passages from the Classic of the Pulse Mai Jing and commentary from Zhang Jingyue s Lei Jing Zhang Zhicong s commentaries on the Su Wen and Ling Shu Wang Bing s commentary on the Su Wen and as well as numerous other Shang Han Lun commentators This books has been produced in full color where the color has been used to show the attributed and unattributed quotes which the commentators use to illustrate their points This book also includes 52 illustrations 35 of which were composed by Cheng Wuji and 17 which have been composed by Jonathan Schell This book illustrates the pinnacle of classical thought where the reader through the annotations can trace Cheng s thought process and apply the canonical texts of Chinese medicine as cited by Cheng to the understanding of the Shang Han Lun **Fukushin and Kampo** Nigel Dawes, 2020-10-21 From an internationally known expert in the teaching and practice of Fukushin this is a unique book defining the therapeutic and diagnostic significance of the abdomen in East Asian medicine Nigel Dawes provides a comprehensive description of the practical application of abdominal palpation in clinical settings as well as offering hands on descriptions of the precise methodology of the abdominal exam with supporting visual aids Focusing on specific clinical application in the field of Kampo Sino Japanese Herbal Medicine it allows for the subtleties of the Fukushin method to be disseminated in order to complement Traditional Chinese Medicine training Highly visual and practical Fukushin is the perfect guide for both Japanese and Chinese medicine students and practitioners looking to develop their toolbox of skills in abdominal palpation **Berkshire Dictionary of Chinese Biography** Kerry Brown, 2017-12-27 The Berkshire Dictionary of Chinese Biography the first publication of its kind since 1898 is the work of more than one hundred internationally recognized experts from nearly a dozen countries It has been designed to satisfy the growing thirst of students researchers professionals and general readers for knowledge about China It makes the entire span of Chinese history manageable by introducing the reader to emperors politicians poets writers artists scientists explorers and

philosophers who have shaped and transformed China over the course of five thousand years In 135 entries ranging from 1 000 to 8 000 words and written by some of the world s leading China scholars the Berkshire Dictionary of Chinese Biography takes the reader from the important even if possibly mythological figures of ancient China to Communist leaders Mao Zedong and Deng Xiaoping The in depth essays provide rich historical context and create a compelling narrative that weaves abstract concepts and disparate events into a coherent story Cross references between the articles show the connections between times places movements events and individuals

**Molecular Mechanisms of Neuropathic Pain and Novel Therapeutic Targets** Wuping Sun,Yong Chen,Tao Liu,Xiaodong Liu,2022-02-22 **Diseases of the Kidney & Bladder** Wei Li (L.Ac.),David Frierman,Ben Luna,Bob Flaws,2006 **Pulse Diagnosis E-Book** Sean Walsh,Emma King,2007-12-17

This exciting new book Pulse Diagnosis A Clinical Guide describes a reliable method of pulse assessment The authors style and approach to pulse diagnosis provides a unique insight into this often ambiguous system of diagnosis drawing upon the traditions of Chinese medicine the knowledge of biomedical constructs and the relationship of each to contemporary TCM clinical practice Subjects covered include exploration of the concept of pulse and establishment of it within the context of health current limitations of current pulse literature in relation to clinical practice pulse diagnosis within contemporary TCM clinical practice and pulse taking procedures Contains unique sections on reliability and validity of pulse diagnosis Combines both western perspective as well as Chinese medicine Written in an easy to read style Attractively designed Contains unique sections on reliability and validity of pulse diagnosis Combines both western perspective as well as Chinese medicine

**Recent Advances in Plant-Based, Traditional, and Natural Medicines** Subramayam Vemulpad,Joanne Jamie,2014-02-24 The purpose of this book is to discuss several medicinal plants to find wider application in the domain of medicinal clinical and pharmaceutical treatment Recent Advances in Plant Based Traditional and Natural Medicines serves as a useful source of ideas and an inspiration for further cell and molecular biology research toward developing drugs and treatments from these traditional and plant based remedies The book covers a variety of topics and Considers the current state of research of traditional and plant based medicines Covers the current status of ethnomedicine and medicinal plant discovery Presents the clinical applications of traditional and plant based medicines **Evidence-based Clinical Chinese Medicine - Volume 8: Alzheimer's Disease** Brian H May,Mei Feng,2018-05-18 The eighth volume of Evidence based Clinical Chinese Medicine aims to provide a multi faceted whole evidence analysis of the management of Alzheimer s disease in Chinese and integrative medicine Beginning with overviews of how Alzheimer s disease is conceptualised and managed in both conventional medicine and contemporary Chinese medicine the authors then provide detailed analyses of how dementia and memory disorders were treated with herbal medicine and acupuncture in past eras In the subsequent chapters the authors comprehensively review the current state of the clinical trial evidence for Chinese herbal medicines acupuncture and other Chinese medicine therapies in the management of Alzheimer s disease as well as analyse and evaluate the results of

these studies from an evidence based medicine perspective The outcomes of these analyses are summarised and discussed in terms of their implications for the clinical practice of Chinese medicine and for future research This book can inform clinicians and students in the fields of integrative and Chinese medicine of the current state of the evidence for a range of Chinese medicine therapies in Alzheimer s disease including the use of particular herbal formulas and acupuncture treatments in order to assist clinicians in making evidence based decisions in patient care

**Disease, Religion and Healing in Asia** Ivette Vargas-O'Bryan,Zhou Xun,2014-11-20 Recent academic and medical initiatives have highlighted the benefits of studying culturally embedded healing traditions that incorporate religious and philosophical viewpoints to better understand local and global healing phenomena Capitalising on this trend the present volume looks at the diverse models of healing that interplay with culture and religion in Asia Cutting across several Asian regions from Hong Kong to mainland China Tibet India and Japan the book addresses healing from a broader perspective and reflects a fresh new outlook on the complexities of Asian societies and their approaches to health In exploring the convergences and collisions a society must negotiate it shows the emerging urgency in promoting multidisciplinary and interdisciplinary research on disease religion and healing in Asia Drawing on original fieldwork contributors present their latest research on diverse local models of healing that occur when disease and religion meet in South and East Asian cultures Revealing the symbiotic relationship of disease religion and healing and their colliding values in Asia often undetected in healthcare research the book draws attention to religious political and social dynamics issues of identity and ethics practical and epistemological transformations and analogous cultural patterns It challenges the reader to rethink predominantly long held Western interpretations of disease management and religion Making a significant contribution to the field of transcultural medicine religious studies in Asia as well as to a better understanding of public health in Asia as a whole it will be of interest to students and scholars of Health Studies Asian Religions and Philosophy

**Routledge Handbook of Chinese Medicine** Vivienne Lo,Michael Stanley-Baker,2022-06-19 The Routledge Handbook of Chinese Medicine is an extensive interdisciplinary guide to the nature of traditional medicine and healing in the Chinese cultural region and its plural epistemologies Established experts and the next generation of scholars interpret the ways in which Chinese medicine has been understood and portrayed from the beginning of the empire third century BCE to the globalisation of Chinese products and practices in the present day taking in subjects from ancient medical writings to therapeutic movement to talismans for healing and traditional medicines that have inspired global solutions to contemporary epidemics The volume is divided into seven parts Longue Dur e and Formation of Institutions and Traditions Sicknes and Healing Food and Sex Spiritual and Orthodox Religious Practices The World of Sinographic Medicine Wider Diasporas Negotiating Modernity This handbook therefore introduces the broad range of ideas and techniques that comprise pre modern medicine in China and the historiographical and ethnographic approaches that have illuminated them It will prove a useful resource to students and scholars of Chinese studies and the history of medicine

and anthropology It will also be of interest to practitioners patients and specialists wishing to refresh their knowledge with the latest developments in the field The Open Access version of this book available at <http://www.taylorfrancis.com> has been made available under a Creative Commons Attribution Non Commercial No Derivatives 4.0 license Energy Medicine East and West David F. Mayor, Marc S. Micozzi, 2011-05-31 Energy Medicine East and West A Natural History of Qi provides a unique comprehensive overview of Qi or bioenergy for students and practitioners of energy medicines Chinese and Oriental Medicine and all disciplines of Complementary and Integrative Medicine Mayor and Micozzi start with a comparative historical account of the ancient concepts of Qi and vital energy before covering theories of Qi a discussion of the organized therapeutic modalities based upon Qi and its applications to specific health and medical conditions Contributions are included from international experts in the field The book moves from anatomical and bioenergetic complementarity of Western vital energy and Eastern Qi through convergence of perspectives and models to demonstrations of how the traditional therapies are being melded together in a new original and creative synthesis David Mayor and Marc Micozzi are experienced medical practitioners authors and editors David Mayor has been actively involved in bioenergy research practice and publishing for over 30 years and is author editor of Electroacupuncture A practical manual and resource 2007 as well as other acupuncture texts and studies Marc Micozzi is Professor in the Department of Physiology and Biophysics at Georgetown University School of Medicine Washington DC As author editor of Fundamentals of Complementary Course director MSc Acupuncture Coventry University UK Over the last decade most books on Asian medicine paid tribute to the aura of evidence based medicine experience counted little RCTs were convincing This book at last returns to an old tradition of debate opening up quite a few new horizons Reading it my striving for knowledge was married with enjoyment and happiness This book made me happy Thomas Ots MD PhD Medical acupuncturist specialising in psychiatry Graz Austria Editor in Chief Deutsche Zeitschrift f r Akupunktur To simply review the chapter headings is to know the truly remarkable expanse of this book a wonderful bridge between the mysteries of the East and the sciences of the West well documented well written and enlarging both Enlightening nicely depicts outstanding advances in energy psychotherapeutics thus ultimately helping to move forward the human condition Maurie D Pressman MD Emeritus Clinical Professor of Psychiatry Temple University School of Medicine Philadelphia PA Emeritus Chairman of Psychiatry Albert Einstein Medical Center Philadelphia PA past President International Society for the Study of Subtle Energies and Energy Medicine Lafayette CO USA

*Herbal Medicine and Reproductive Health* Marie Reilly, 2021-06-17 A comprehensive text book for herbalists nutritionists and other healthcare practitioners providing detailed information on reproductive health in both men and women This in depth and much needed book will enable practitioners to gain an in depth understanding of a wide range of reproductive health problems from both an orthodox medical and an energetic holistic perspective It provides detailed advice on case history taking clinical examination and orthodox investigations together with comprehensive sections on diagnosing

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